

~~M is on the outside. Repeat mazurka steps with M returning to the inside. Repeat four times in all.~~

REDOBA (Philippine)

Music: Philippine National Dances, Royes Tolentino

Formation: Partners in ordinary dance position, R hand of the W and L hand of the M pointing down.

1. Using native waltz (step, close, stop) dancers move at will in any direction 16 meas.
2. Executing the cut-step for M alternately L and R, dancers revolve in a clockwise direction while progressing counterclockwise.
Cut-Stop: Described for M. Slide L ft. sideward to the L, cut L ft. sideward with the R, cut R with the L ft. raising R in back of L. Repeat to the R in the same way.
3. Execute native waltz steps as above.
4. In ordinary dance position M hops on L ft. 3 times and on the R ft. 3 times. W same with opposite ft. This is executed while revolving in a clockwise direction. Dancing in place dancers take 6 side cutting steps with the foot moving in a lateral direction sideward. M starts this step by stepping on L ft. and swinging R ft. laterally sideward R. Repeat the full pattern 3 more times.

POLISH POLKA MAZURKA

Music: Any even phrased mazurka - preferably Polish