

SOURCE: This is a medley of four beginning Russian dances.

MUSIC: RECORD: "Russian Folk Dance" National N-4540-A

FORMATION: Cpls in circle formation in Russian Polka position or Varsouvienne position.

STEPS: Pas de Basque; Waltz, Waltz balance, Step-Draw, Russian Polka, Two Step, Touch Step (wt on R ft., touch L ft fwd in front of R (ct 1&), and then touch L ft to the rear behind R ft. (ct 2&), described for M, W use opposite ft) Push Step

## MUSIC

## PATTERN

## Meas.

## 1. PAS DE BASQUE

1-8 In Russian Polka position, progress fwd with alternate pas-de-basque steps, L, R. (M accentuates leap of pas de basque; W is reserved.)

A KOHANOTCHKA

1 PAS DE BASQUE AND TURN - Face ptr and join inside hands. Pas de basque on outside foot turning back to ptr.

2 Pas de basque on inside foot facing ptr.

3-4 Drop hands and turn completely around fwd and away from ptr with 3 walking steps, stamp taking wt.

5-8 Repeat pas de basque, turn and stamp.

B RUSSIAN POLKA STEP

1-2 In Varsouvienne position both balance fwd on L foot, back on R foot (like a rocking horse).

3-4 Polka L and R fwd. Two polka steps CCW.

5-8 Repeat all.

C CLAP STEP - Face ptr in double circle

1-4 Clap own hands twice, take 3 Russian polka steps bwd away from ptr. (M has arms folded across chest, W has hands on skirt).

5-8 Repeat claps, take 2 Russian polka steps and three stamps fwd passing each other (R shoulders).

1-4 Repeat claps, take 3 Russian polka steps bwd passing each other (R shoulder to assume same position as at

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the end of meas 1-4.

- 5-8 Repeat claps, take 2 Russian polka steps and 3 stamps to partner. Repeat.

LEZGINKA

- 1 Face partner and join inside hands. Polka on outside foot turning back to partner.
- 2 Polka on inside foot facing partner.
- 3-4 Drop hands and turn completely around fwd and away from partner with 4 walking steps.
- 5-6 With M's L hand behind neck, R hand straight out to side (W opp) 4 push steps LOD.
- 7-8 Point R ft diagonally to R, point R ft directly in front of L toe, step R,L,R (W opp).
- 9-12 R arm across chest, L arm across back, R shoulders adjacent, circle 3 polkas CW, turn to R 3 steps in place bringing hands low on turn and changing position.
- 13-16 Repeat meas 9-12, L shoulder adjacent.

- 1-16 Repeat all of Lezginka.

C ESPAN - Interlude

- 1-2 Partners turn individually, each moving to his R, make one complete turn with two waltz steps.
- 3-4 Continue in same direction, making two-draw steps with L (step swd on R, ct 1; draw L to close, cts 2 & 3).
- 5-8 Repeat action of meas 1-4, moving to L and returning to face partner.
- 9-10 Balance Step - Partners face and join R hands, dance waltz balance fwd and back, starting with R.
- 11-12 Partners exchange places, W passing under M's R arm and turning CCW.
- 13-16 Repeat action of meas 9-12, returning to original place.
- 17-18 Skater's Step - Partners in promenade (skater's pos) starting with outside ft waltz fwd for two meas. On the second waltz step, turn to face RLOD.
- 19-20 Partners take two step-draws, stepping bwd with inside ft (M's L) and drawing with outside ft (M's R).
- 21-24 Repeat action of meas 17-20, moving in opposite direction.

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25 Cross Hold and Waltz Balance. With hands joined in cross hold position, ptrns do a waltz balance in place, M turning slightly to R and W to L.

26 Repeat action of meas 25, M turning slightly to R and W to L.

27-28 Retaining cross-hold position, ptrns exchange places, moving CCW around each other with two waltz steps.

29-32 Repeat action of meas 25-26, returning to original place.

1-16 Repeat meas 1-16

D TSIGANOCHKA

1 Touch step and walk, with wt on R ft touch L ft fwd, hold. Touch L ft in back of R, hold.

2 Walk fwd, step L, step R, step L, stamp R with wt on L ft. The cpl turn at the same time to reverse their direction. Joined hands are raised.

3-4 Repeat action of meas 1-2 CW. Turn to face CCW.

PAS DE BASQUE Inside hands joined, outside hands on hips with closed fist. Cpls facing each other, moving CCW.

1 M pas de basque to L (W R), repeat pas de basque to R (W L).

2 Both turn outward, progressing fwd. (M step L,R,L,R).

3-4 Repeat pas de basque and turn continuing in same direction

WALK STEP (Inside hands joined at shoulder height, outside hands on hips),

1 Walk fwd L,R,L, stamp, close R, at the same time turning without dropping hands.

2 Walk in opposite direction R,L,R, stamp L.

3 Pas de basque L, pas de basque R.

4 Turn CW in social dance position with two quick two steps.

Repeat all of Tsiganochka - on last measure of walk step instead of doing two quick two steps, M turns W to R one turn and bow.