Presented by Moshiko

S'EE YONAH

Choreographed by Moshiko in 1974. Dance is based on a Yemenite style.

RECORD: MIH 3 Side 2, Band 2

FORMATION: Circle, hands joined at shoulder height, slightly fwd. Slightly elastic knees, small movements, ft close to

floor. Movement is down-up throughout.

METER:	4/4 PATTERN
Meas	PART I
1	Step R to R (ct 1) step L in place (ct 2) step R crossing in front of L (ct 3) step L to L (ct 4)
2	Step R crossing in front of L (ct 1) tap L toe behind R ft (ct2) swing L ft around in a small low circle to the front (cts 3-4).
3	Step L crossing in front of R (ct 1) step R to R (ct 2) step L crossing in front of R (ct 3) hold (ct 4)
4	Rock back on R, keeping L on floor (ct 1) hold (ct 2) rock fwd on L (ct 3) hold (ct 4)
5	Repeat cts 1-3, Meas 4, Part I (cts 1-3), scuff fwd with R, and make a small vertical circle with hands (ct 4)
6	Rock fwd on R (ct 1) hold (ct 2) rock back on L (ct 3)hold(4)
7/	Repeat meas 6, Part I (cts 1-4)
8	Rock fwd on R (ct 1) step on L in place (ct 2) close R to L (ct 3) bounce on both ft (ct 4)
9-16	Repeat meas 1-8, Part I.
1	PART II Bounce again and raise R ft sharply in back (ct 1) leap
	lightly fwd on R just ahead of L (ct 2) step on L ahead of R (ct 3) bounce (ct 4)
2	Repeat cts 1-4, meas 1, Part II (cts 1-4)
3	Step R to R (body moves down slightly) open arms and snap fingers (ct 1) step L in place (body moves up)(Ct 2) step R crossing in front of L (body goes down) bring arms to- gether, hands crossed and snap at shoulder height (ct 3) step L in place (body goes up) (ct 4)
4	Repeat cts 1-3, meas 3, Part II (cts 1-3) step L in place, hands begin to move in vertical circle, moving down with hands facing you and fingers in snapping position (ct 4)
5	Hands complete the vertical circle, palms end up opened, facing away from you (ct 1) reverse the hand circle, ending with hands facing you, fingers in snapping position (cts2-3)

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continue hand movement (ct 4)

Snap fingers (ct 1) hold (ct 2) moving in a circle and bringing hands slowly down, step on R (body moves down) (ct 3) step on L (body moves up) (ct 4)

Repeat cts 3-4, meas 6, Part II twice more (cts 1-4)

Repeat Meas 7, Part II(cts 1-4). Raise arms, join hands.

S'EE YONAH: Add (Israel) Add: "Pronunciation - Sih-EE Yo-NAH" Add: INTRODUCTION, 3 meas, bells sound during meas 3 PART I, meas 2, line, end of sentence should read"....small low circle slowly to the front ... " PART I, meas 5, delete entirely and replace with "Repeat cts 1-4, meas 4." PART I, meas 6, correct beginning of sentence to read "Step (Rock) fwd on R...." PART I, meas 8, ct 2, delete the words"in place" and change to "bwd". PART I, meas 8, line 2, correct beginning of sentence to "L with bounce (ct 3),..." PART II, meas 1, line 2, ct 2, delete the word "ahead" and teplace with "behind" PART II, meas 7, cts 1-4, should read "...twice more to complete CW turn (cts 1-4)...." PART II, meas 8, should read "Repeat ftwk of meas 7, Part II, (cts 1-4), raise arms slowly. inined hands"

S'EE YONAH-Add'l

PART II, meas 1, ct 1, delete "bounce again" and change to
"bend L"

PART II, meas 1, ct 2, delete the word "fwd"

PART II, meas 1, line 3, ct 3-4, should read "with bent R (ct 3)

bend and straighten knees (ct 4)."

" meas 3, line 1, should read "Step R TO R, leave L in
place (body moves...."