## <u>SEJ SEJ BOB</u> Bulgaria

The dance was learned by Yves Moreau from Liliana Zafirova and Stefan Vaglarov, of Sofia. This type of line-racenica is found throughout Dobrudža under various names: Kucata, Brâsni Cârvul, etc.

PRONUNCIATION: SAYH SAYH BOHP

RECORD: Dances of Bulgaria, DB-8101, Side 1, Band 1

FORMATION: Mixed lines in belt hold (L over R) or front basket hold.

Wt on R, face slightly R of ctr.

7/16 counted:  $\frac{1-2}{1} \frac{3-4}{2} \frac{5-6-7}{3}$  (Q,Q,S) RHYTHM:

STEPS: To raise and lower heel of supporting ft, coming Cukce:

down on the beat.

STYLE: Marked knee-bend. Upper body straight and proud.

METER: 7/16 PATTERN

Meas

## Introduction: 16 meas

## DANCE:

- 1 Step L across R (ct 1); hold (ct 2); step R beside L with marked knee flex (ct 3).
- 2 4Repeat meas 1, 3 more times (4 in all).
- Step on L turning sharply to face L (ct 1); small sharp stamp 5 on R, no wt, slight fwd bend of upper body (ct 2); step R slightly R and bkwd, body straightens (ct 3).
- Sharp "Cukce" on R while turning slightly R as L leg lifts up 6 and fwd (ct 1); step L fwd (ct 2); sharp stamp R behind L (ct
- Step slightly bk on R (ct 1); hold (ct 2); sharp "cukce" on R 7 as L lifts off ground (ct 3).
- 8-10 Repeat meas 5-7.
- Facing ctr, step L on L (ct 1); scuff R heel sharply across L 11 (ct 2); step R across L (ct 3).
- Step L to L (ct 1); hold (ct 2); touch R next to L (ct 3). 12
- Repeat meas 12, with opp ftwk and direction.
- Repeat meas 11-12. (L to L, scuff R, Rx; L to L, hold, touch 14-15 R)
- Stamp R to R with wt (ct 1); hold (ct 2); "chug" bkwd on R as 16 L leg lifts across R in prep for repeat of dance (ct 3).

Repeat dance from beg.

Presented by Vicki Mahue Laguna Institute, Feb. 14-15, 1986