

SEJ SEJ BOB

(Bulgaria)

SAYH-SAYH-BOHP

Source: Liliانا Zafirova & Stefan Văglarov, Sofia. A type of line-râčenica found throughout Dobrudža under various names: Kucata, Brâsni Câr vul, etc.

Music: Dances of Bulgaria DB-8101 Side 1, band 1

Meter: 7/16 counted here as 1-2, 1-2, 1-2-3 or 1-2-3 or qqS

Formation: Mixed lines with belt hold (L over R) or front basket hold. Wt on R ft. Face slightly R of ctr

Style: Marked knee-bend. Upper body straight & proud.

MEASURE	PATTERN
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1-16	Introduction
1	Step onto L across R (1) Hold (2) Step onto R next to L with marked knee flexion (3)
2-4	Repeat pattern of meas. 1 three more times
5	Step onto L turning sharply to face L (1) small sharp stamp with R no wt and with slight bend fwd of upper body (2) step onto R slightly R & bkwd, body straight (3)
6	Sharp "čukče"* onto R ft simult. facing slightly R and bringing L leg up and fwd (1) step fwd onto L ft (2) Sharp stamp with R behind L (3)
7	Step slightly back onto R ft (1) Pause (2) sharp "čukče" onto R ft simultaneously bringing L ft off ground (3)
8-10	Repeat pattern of meas. 5-7
11	Facing ctr, step sideways to L with L (1) sharp brush-step (scuff) with R heel across L (2) step on R across L (3)
12	Step onto L to L (1) Pause (2) Touch R ft next to L (3)
13	Same as meas. 12 but reversing direction & ftwork
14-15	Repeat pattern of meas 11-12
16	Stamp on R to R, taking wt (1) pause (2) "chug" on R simult. raising L leg across in front, in preparation for repeat of dance (3)

* "čukče": to raise and lower heel of supporting ft, coming down on the beat.

Repeat dance from beginning.

Presented by Yves Moreau

LAGUNA FESTIVAL 1982