

Seksmañsril

3082

RECORD: TD 1. Norsk Grammofonkompani AS, Oslo Norway.

FORMATION: 3 cpls. in a circle. M have W on R side.

STEPS: Skip - steps throughout the dance.

SEQUENCE: 1ST FIGURE:

1. Circle L & R.
- 2a. Arms, Own partner, LOD.
- 2b. Arms, Other partner, LOD.
3. Grand R & L.

2ND FIGURE:

1. Circle L & R.
- 2a. Clap hands, own partner, LOD.
- 2b. Clap hands, other partner, LOD.
3. Grand R & L.

1ST FIGURE:

1. Start on L ft., 14 steps L, stop with stamping LRL. Turn on L ft., 14 steps R, stop with stamping RLR.
- 2a. Release hands. W turn left toward partner, all clap their hands, and M & W join hands. Arms spread, arms and bodies slightly leaning toward center of the circle. Start on L ft., 14 steps, W backwards, M Forward, stop with stamping LRL.
- 2b. Release hands. Both turn L toward other dancer. Clap hands, join hands and 14 steps as described above (same direction), but now W go forward & M backwards. Stop with stamping RLR.
3. Clap hands, turn L, do Grand R & L starting with your own partner and on L ft. The 2nd times you meet your partner, stop with stamping LRL.



2ND FIGURE:

1. Circle L & R as in 1st Figure.
- 2a. As 1st figure, except that instead of joining hands, they clap hands once for each step as the W go backwards and M forward.
- 2b. As in 1st figure, except with clapping hands instead of joining hands.
3. Grand R & L as in 1st figure.