

DEBKA IRIT

This dance is dedicated to my
daughter, Irit, M.E.

Dance: M. Eskayo
Music: P. Yehoshua

Formation: Short lines, arms held down, close together

CountsPattern- PART I

- 1-4 4 debka steps to ctr. starting RF(R,L,R,L)
- 5-8 4 debka steps bkwd, starting RF(R,L,R,L)
- 9-10 2 debka steps sdwd to R side(R,L)
- 11-12 Stamp on RF(11), Small jump on LF to L-R LOD(12)
- 13-16 3 debka steps sdwd to R, starting R(R,L,R,)close L to R.
- 17-32 Repeat cts 1-16, using opp ftwk & dir (ct 1 starts L)

Pattern- PART II

- 1-4 RF to R(1), LF over RF(2), RF over LF(3), Stp bk on L(4)
- 5-8 RF to R(5), LF over RF(6), RF over LF & stp L, repeat
- RF over LF(7,8) - Cts 7,8 are 3 small steps done in 2 cts
very quickly!
- 9-16 Repeat cts 1-8 of Part II reversing ftwk & dir.

Pattern- PART III

- 1-4 Jump twice in place(1,2), 3 jump turn to R(3), complete the jump turn to R(4). The turn is done in place.
- 5-8 Facing CW, Yemenite step in double time bkwd, Jump bk on L, Close RF to LF with a stamp.
- 9-12 Repeat Part I, cts 1-4
- 13-16 Repeat Part III, cts 1-4

Styling note: Debka step is a walking step with sharp knee movements. Back is always kept straight throughout the dance.

HAEER BEAFOR

Dance: M. Eskayo

Formation: Circle, face Center, hold hands Music: N. Shemer

Cts

- Pattern
- 1-8 (Legs slightly separated) lean R on R, lean L on L.
lean R on R, lean L on L (double time), Mayim step R,
one complete turn CW
- 9-16 Repeat action of cts 1-8
- 17-24 Facing R, slide R,L,R,L, start R CW turn (4cts) finish
L over R.
- 25-32 Repeat action of cts 1-8
- 33-40 Step R on R with L bent at knee, same on L,R,L.
- 41-48 Repeat action of cts 33-40
- 49-56 Repeat action of cts 41-48
- 57-64 Repeat action of meas 33-56, to L.

Dance: M. Eskayo

Music: Effi Netzer

SHALOM

People dancing free of each other, all facing one direction

Part I

- Mes. 1 Step R, Step L fwd
- 2 Turn $\frac{1}{2}$ to R; step R step L bk to original pos. & dir.
- 3 Step R, Hop R, L leg out to side & around & over.
- Step L across R, Hop L with R out to side & around.
- 4 R across L, L to Left, R across L, Hop on L
- 5-8 Reverse meas 1-4.

Part II

- Mes. 1 Step R to Rt, Hop on R, L leg out to side (At the same time, arms to side above the shoulders) - Step L behind R.
- 2 Repeat Part II Meas 1
- 3-4 Mayim turn to R starting R across L and touching L on last ct.
- 5-8 Reverse Part II meas 1-4.

Part III

- Mes. 1 Stamp R, L behind R, Stamp R, L behind R, Stamp R, L in place(cts 1,2,3,4)
- 2 Stamp R to Rt, Hop R, L in place, Hop L
- 3 R across L, Hop R, L to Left, Hop L
- 4 Step L to left, Cross R over L and turn.
- 5-8 Repeat meas 1-4.

Part IV

- Mes. 1 Touch R to Rt, Step R behind L
- 2 Reverse meas 1
- 3 Turn Rt 3 steps, clap on 4th ct
- 4 Reverse meas 3
- 5-8 Repeat meas 1-4 Part IV