

- "Shibolet Bassadeh" (Circle Dance) -

(Israel)

Dance by Lea Bergstein

Record: Folkraft 1109-B

This dance is performed during the Omer Ceremony, a revival of an ancient festival on Passover, when the first sheaves of barley were cut in the fields and presented to the Holy Temple.

FORMATION: Circle, hands joined and down. Movement begins to R.

- PART I**
- A. 4 slides to R.
 - B. Each one drops hands and makes a half turn R, joining hands again while facing outward.
Take 4 slides to L.
 - C. All drop hands and make half turn to L, joining hands again while facing center of circle.
Repeat 4 slides R.
 - D. Repeat Part I B.
All drop hands and make L turn to face center again. Join hands, this time facing R CCW.
- PART II**
- A. 2 skips fwd, R, L; circle going CCW.
 - B. With hands still joined, all face CW and take 2 skips bwd, R, L, still progressing CCW.
 - C. Turn in CCW direction and continue 2 skips fwd.
 - D. Same as Part II B.
- PART III**
- A. All face center and take 2 skips toward the center.
 - B. Still facing center, take 4 skips bwd.
Entire dance is repeated over and over again, becoming steadily faster.

-- Dance Notation by Dvora Lapson