SOURCE: This dance was introduced by Knud Øland to California

folkdancers at the 1959 College of Pacific Folk Dance

Camp.

MUSIC: Record: Methodist World of Fun 121

FORMATION: Longways dance for six cpls, M line facing W line.

STEP: Polka. (Note: Many authoritative sources call for a

HOPSA step in FIG. I, II & III. The Polka step

was taught for a simplified version).

MUSIC: 2/4 PATTERN

Meas

4 <u>INTRODUCTION</u>: (No action).

FIGURE I: Down the Center.

- First M step fwd facing down the set. 2nd M step fwd to face him, hands on hips. 2nd W stand at 1st M's L & hook R elbow in his L elbow. 1st W, with 2 polka steps, move quickly behind her ptr to his R side & hook L elbow in his R elbow.
- 3 8 With 6 polka steps all four dance down between the two lines, 2nd M bkwd.
- 1 8 The two W join elbows with 2nd M in line of three & all repeated dance 8 polka steps to top of set, 1st M bkwd.

FIGURE II: Circle.

9 - 16 Joining hands at top of set, cpls 1 & 2 circle CW with 4 polka steps & CCW with 4 polka steps.

FIGURE III: Grand Right And Left.

17 - 24 Facing ptr cpls 1 & 2 do a grand right & left with 8 polka steps.

FIGURE IV: Polka Down the Center.

With 8 polka steps cpls 1 & 2, in closed pos, dance down the ctr of the set to the bottom as others step up to take their place. Cpl 2 leads, dropping off in cpl 5 pos, & cpl 1 prodeeds to cpl 6 pos.

NOTE: Dance is repeated 2 more times. 1st repeat: cpl 3 takes the action of cpl 1, cpl 4 takes action of cpl 2. 2nd repeat: cpl 5 takes action of cpl 1, cpl 6 takes action of cpl 2. All cpls polka freely the last 8 extra meas of the dance.

Presented by Grace Nicholes Idyllwild Institute - 1968