SQUARE 'EM UP Jerry Helt - Cincinnati, Ohio

First and third bow & swing Promenade half the outside ring Right & left thru with all your might She goes left, you go right Around the outside, swing a new gal Face the middle and listen, pal Sides pass thru across the floor Split that couple line up four Forward eight and back to the world Lady on the left California whirl Ends turn in right & left thru Turn 'em around as you always do Pass thru left allemande Partner all right & left grand, etc. (Original partner)

QUADRANGLE

Jerry Helt, Cincinnati, Ohio Tono Label #L 28216-1

Figure:

Heads right, with a right & left thru Same heads right with a right and left thru (16 cts)

Head ladies chain, side ladies chain (16 cts)

Sides right, with a right and left thru

Same sides right, with a right and left thru (16 cts)

Side ladies chain, head ladies chain (16 cts)

All 4 ladies grand chain, chain 'em back (16 cts)

Heads forward and back, sides forward and back (16 cts)

Heads star right once around back home

Sides star right once around (16 cts)

Allemande left, grand right & left (16 cts)

Promenade partner home and swing (16 cts)

(Repeat the complete figure one more time)

"ARKY CATCH ALL EIGHT"

Dan and Madeline Allen

First and third you bow and swing Side ladies chain across the ring Heads pass thru but don't turn back Circle up eight on the outside track (two couples facing in - two couples

facing out) Now whirl away with a half sashay And catch all eight in the Arky way. Back by the left like an allemande thar The heads back up in a right hand star Throw in the clutch, put 'er in low Twice around the ring you go

Pass that one, turn the next like a left allemande

Right to mother, right and left grand (regular right and left grand)

TIDAL WAVE

Jerry Helt & Madeline Allen

First and third go forward and back Dos-a-dos on the inside track Dos-a-dos go all the way around To an ocean wave, rock forward and

Sides, go forward and box the gnat Face the middle and box the flea Same little girl, you seesaw round To an ocean wave, rock forward and

The girls star right, arcoss the town There's your corner, left allemande Etc.

BREAKS Jerry Helt, Cincinnati, Ohio

First & third, ladies chain across the

Heads roll away with a half sashay Circle up eight you're doing fine Four gents pass thru around two form

Four ladies pass thru around one Four ladies crosstrail, left allemande, Etc.

Head men with corner girls, go forward & Pass thru across the track, separate around two Left Allemande, etc.

Folk Dance Camp, 1957