

1976 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Jerry Helt

BLUE STARS AND STRIPES

By Jerry Helt



RECORD: "Blue Stars & Stripes" BLUE STAR BS -1917

FORMATION: Four couples in a square

CALLS AND EXPLANATIONS:

FOUR LADIES CHAIN

HEADS RIGHT AND LEFT THRU

FOUR LADIES CHAIN

SIDES RIGHT AND LEFT THRU

LADIES FORWARD 2,3,SHOOSH AND BACK

Ladies walk forward four counts and shoosh their skirts and back
up four counts to place.

MEN FORWARD, RIGHT HAND STAR ALL THE WAY AROUND

TURN PARTNER BY THE LEFT, PICK UP THE CORNER

PROMENADE HALF WAY ROUND TO HOME

HONEY QUADRILLE

By Jerry Helt



RECORD: "Honey" BLUE STAR BS 2003

FORMATION: Four couples in a square

CALLS & EXPLANATIONS:

HEADS INSIDE HALF PROMENADE

HEAD LADIES DO SA DO

SIDES INSIDE HALF PROMENADE

SIDE LADIES DO SA DO

ALL JOIN HANDS CIRCLE LEFT

CORNER SWING

PROMENADE

EVERYDAY WILL BE SO SUNNY OH HONEY WITH YOU