

1976 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Jerry Helt

HEEL AND TOE QUADRILLE

By Jerry Helt

RECORD: "The Donneybrook Boy" BLUE STAR BS-LP 1029B

FORMATION: Four couples in a square

CALLS & EXPLANATIONS:

HEEL AND TOE IN YOU GO, HEEL AND TOE OUT YOU GO

HEEL AND TOE IN YOU GO, HEEL AND TOE OUT YOU GO

PARTNER DO SA DO

MEN STAR BY THE LEFT ONCE AROUND

PARTNER DO SA DO YOU KNOW

CORNER SWING GO TWICE AROUND

PROMENADE ONCE AROUND

GRAND SQUARE (Traditional)

RECORD: "March" E-Z Record #717

FORMATION: Four couples in a square

CALLS & EXPLANATIONS

SIDES FACE YOUR PARTNER, GRAND SQUARE

1,2,3,TURN 1,2,3, TURN

1,2,3,TURN 1,2,3, REVERSE

1,2,3,TURN 1,2,3, TURN

1,2,3,TURN 1,2,3, HOME YOU GO

FOUR BOYS FORWARD UP TO THE MIDDLE AND BACK

BOYS LEFT HAND STAR, ONCE AROUND

PASS YOUR PARTNER RIGHT ON BY

PROMENADE THE NEXT

THREE QUARTER QUADRILLE By Jerry Helt

RECORD: "Three Quarter Quadrille" BLUE STAR BS-LP 1029

FORMATION: Four couples in a square

CALLS & EXPLANATIONS:

FACE PARTNER CROSSED HANDS JOINED

BALANCE IN, BALANCE OUT, SLIDE IN

BALANCE OUT, BALANCE IN, SLIDE OUT

BALANCE TOGETHER, AND AWAY, BOX THE GNAT

BALANCE TOGETHER, AND AWAY, PASS RIGHT BY

CORNER RIGHT HAND TWO HAND STAR

SAME GIRL A LEFT HAND TWO HAND STAR

KEEP THIS GIRL, WALTZ PROMENADE TO HOME