

## POTRKAN PLES (Continued)

Ct. 3 - Hop on R ft, bringing L knee up so that L ft is pointing straight downward, beside inside of calf of R leg, below knee.  
Begin following measure with L ft, etc.

WOMAN'S STYLE

Almost identical to man's style, but knee is not brought up.  
L ft is raised to about level of R ankle on hop.

- Meas.      Part I.  
Both partners face CCW around circle M's thumbs hooked in belt.  
W hands on hips. W stands bit fwd on M's R, so her L elbow is directly in front of M's R elbow.
- 1-4      Man: Beginning L, advances with 4 step-hops, turning body slightly in direction of active foot with each step.  
Woman: At same time does 4 step-hops, beginning R ft, as follows:  
Meas. 1-turn bit R away from M, Meas. 2-turn L in front & face M.  
Meas. 3-Dance bkwd LOD facing M. Meas. 4, Ditto.
- 5-6      Man: Six stamping steps fwd L-R-L-R-L-R.  
Woman: Still moving bkwd in LOD, 6 stamping steps R-L-R-L-R-L
- 7-8      Man: 2 hop-steps fwd (L-R)  
Woman: In two hop-steps (R-L) make a full turn R, still moving in LOD, ending up facing M again.
- 9-10      MAN: Six stamping steps fwd L-R-L-R-L-R.  
Woman: Still moving bkwd in LOD, 6 stamping steps R-L-R-L-R-L.
- 11-15      Man: 5 step-hops fwd.L-R-L-R-L.  
Woman: Moving LOD and continuously turning R, 5 step-hops R-L-R-L-R, ending up again facing M.
- 16-17      Man: 4 Stamping steps fwd R-L-R-L.  
Woman: Still facing M, moving bkwd LOD, 4 stamping steps L-R-L-R.  
Both: On final beat meas. 17, M shifts wt to R ft, & W to L ft, and they take shoulder waist position to begin Part II.
- PART II.  
Couples in shoulder waist position. During Part II, couple moves in LOD turning continuously CW. Steps Given M's; W's opposite.
- 18-19      Two step-hops turning CW (M begins L ft, W begins R ft.)
- 20-21      Four stamps with a hop after 4th stamp (M; L-R-L-R-hop), (W: R-L-R-L-hop)  
Continue turning CW during the stamps!
- 22-25      Repeat meas. 18-21.
- 26-31      Six step-hops (M begins L ft. W begins R ft.) continue turning
- 32-33      Four stamps with a hop after 4th stamp (ditto meas. 20-21),
- 34-42      Repeat meas. 26-33

NOTE: In Part II, dancers never stop turning CW, Even during the stamps.

SCOTES  
(Shroh'-tesh)  
Croatia

Source: Learned from Ivan Ivancan, Director, Joza Vlahovic Folk Dance Group, Zagreb.

Music: MH 3021-B, The Duquesne University Tamburitians, No Piano music published.

Formation: Couples. See under Part I & Part II for positioning.

NOTE: This dance is from the Zagorje-Prigorje area of Croatia where the style is rather stiff and rustic. Be careful not to move forward during the course of Part I; the "stamp-chugs" are all done completely in place. Above all, do not do a regular polka step in Part II.

DICK CRUM-Yugoslav Week-end-Miami Valley Folk Dancers  
April 28th and 29th, 1956

*MVFD Syllabus Collection – Copyright Miami Valley Folk Dancers 2004*

## SROTES (Continued)

Step: "Zagorje Polka Step." This step occurs in Part II done as follows:  
(M's step given, W uses opposite footwork)

Ct. 1 - Fall on full R ft, bending knee slightly.

Ct. & - Fall on full L ft, about 6 in. L of R ft, again bending knee slightly.

Ct. 2 - Fall on full R ft, with a deeper, more accented bend of knee than on first two steps.

Ct. & - Hold.

The whole step is now repeated beginning with the L ft. The step itself is very rough, "cloddy" in a crude peasant style. There is not even a suggestion of a hop anywhere in it, nor does one foot ever "close" to the other

During the actual dance, couples are in shoulder-waist position for this step, and move freely about the floor, turning continually clockwise.

Meas.      Part I

Couples stand side by side, scattered about floor, W is on M'S inside hands joined, free hands on own hips. During Part I M's & W's steps fwd on full right foot.

- 1      Ct. 1 - Stamp fwd. on full R ft.  
Ct. & - Chug on R ft. back to original place, bringing L ft. a bit fwd at the same time.  
Ct. 2 - Stamp fwd. on full L ft.  
Ct. & - Chug on L ft. back to original place, bringing R. ft. a bit fwd at the same time.
2.      Same as meas. 1.
- 3      Step sideways to R with R ft. on Ct. 1. Ct. & --L ft. to R ft. taking weight on L ft. Ct. 2 - Step sideways to R with R ft.  
Ct. & - Lift (almost a hop) on R ft.
- 4      Same as Meas. 3, but moving L with opposite footwork.
- 5-7      Same as meas. 1-3
- 8      M takes three steps L-R-L to stand in front of W, facing her.  
W meantime takes 4 steps L-R-L-R in place, in preparation for Part II.

Part II

- 9-14      Six "Zagorje Polka Steps" in shoulder-waist position, M beginning R ft, W beginning with L ft. Turn as a couple CW, moving freely around 1 floor.
- 15-16      Stop turning, and, facing each other squarely, still in shoulder-waist position, lower heels 7 times in place. This rapid bounce is tricky, but can be mastered if you remember to keep knees fairly stiff, and never let toes leave the floor.
- 17-24      Same as meas 9-16 - After finishing Part II, use the pause in the music to resume position for Part I, and begin the dance all over again.

TI MOMO  
(Serbia)

Music\*-Epic-LP-3071-Band 13

Formation: Open or closed circle. During Part I, hands are held out slightly in front about shoulder level. During Part II, hands are lowered to sides.

Part I (Hands held up and a bit forward)