STARA VLAINA

These four Serbian dances were first presented by Dobrivoje Putnik, artistic director of "KOLO", Beograd at the Borino Kolo Folk Ensemble Institute in San Pedro in 1973. All are found on the LP recorded especially for this annual event, DANCES OF YUGOSLAVIA, No. BK 732.

STARA VLAINJA

East Serbia

Rhythm: 2/4

Measure 1 - Step with R to R (#); Bring L beside R, put weight on L (2).

2 - 3 Same as Measure 1.

4 - Step with R to R, Nift L in front of R (1); Bounce on R (2)

5 - Mirror version of Measure 4.

6 - Same as Measure 4

7 - Step to L with L fg (1); Bring R beside L, put weight on R (2)

8 - Step with L to L, bring R beside L, holding R up (1); bounce on L (2).

During certain intervals in the dance, the music will change to one note played for four measures. During these four measures, dance 8 bounces on both feet in place.

Dance in open or closed circle; belt hold, men and women in a mixed line.