STARA VLAINJA (Serbia)

Stara Vlainja comes from East Serbia.

Pronunciation: STAH-rah VLAH-ee-nyah

Music:

Borino Kolo BK 732 2/4 meter

Formation:

Dance in open or closed circle; belt hold, M and W in

DAMMEDAL

a mixed line, Larm over R.

Meas	PATTERN
1	Step with R to R (ct 1); bring L beside R, put wt on L (ct 2).
2-3	Repeat action of meas 1 twice.
Ą	Step with R to R, lift L in front of R (ct 1); bounce on R (ct 2).
5	Repeat action of meas 4, stepping to L on L.
6	Repeat action of meas 4.
7	Step to L with L (ct 1); bring R beside L, put wt on R (ct 2).
8	Step with L to L, bring R beside L, holding R up (ct 1); bounce on L (ct 2).

During certain intervals in the dance, the music will change to one note played for four measures. During these four measures, dance eight bounces on both ft in place.

> Presented by Bora Gajicki Laguna Festival 1979