# Stara Vlainja

#### Serbia

This dance comes from the N.E. area of Serbia. It was originally presented by Dobrivoje Putnik, director of KOLO in Beograde, Serbia at the Borino Kolo Folk Ensemble Institute in San Pedro, 1973. Bora Gajicki taught the dance, beg in the mid 70's at various institute's and camps in California.

TRANSLATION: Old Vlach girl, but the title of the dance does refer to this, but rather to the type of

dance.

PRONUNCIATION: STAH-rah VLAH-ee-nyah

MUSIC:

Record: Borino Kolo, 732 (LP)

Tape: Las Vegas '98, side B/4

FORMATION:

This dance can be done in either an open or close circle, with both M and W dancers

who are joined in belt hold (L over R).

STYLE:

Some what heavy and flat footed.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: None or hold for 8 meas

#### FIG. I: SLOW MUSIC

- Step R to R as body turns slightly CW (ct 1); step L beside R turn to face ctr (ct 2).
- 2-3 Repeat meas 1, twice more. (3 in all)
- Step R to R as L lifts diag L fwd body turns to face slightly R of ctr (ct 1); bounce on R as L remains lifted (ct 2).
- 5-6 Repeat meas 4, twice more, alternating ftwk. (3 in all)
- 7 Step L to L as body turns slightly CCW (ct 1); step R beside L turn to face ctr (ct 2).
- Step L to L as R leg lifts diag R fwd body turns to face slightly L of ctr (ct 1); bounce on L (ct 2).

## **INTERLUDE**: (1 long note held for 4 meas

1-4 With ft slightly apart, bend knees 4 times (ct 1 of each meas).

### FIG. II: FAST MUSIC

- Facing ctr and moving sdwd R Hop on L (ct 1); step R to R (ct &); close L beside R with wt (ct 2).
- 2-3 Repeat meas 1, twice more (3 in all)
- Step R to R face slightly R of ctr (ct 1); stamp L in front of R (ct 2).
- 5-6 Repeat meas 4 alternating ftwk, twice more (3 in all).
- 7 Moving sdwd L hop-step-step as in meas 1 with opp ftwk. (hop R, L to L, close R).
- 8 Step L to L turning to face L of ctr (ct 1); stamp R in front of L (ct 2).

## **SEQUENCE:**

Fig. I, 4x/ Interlude/ Fig. I, 8x/ Interlude//

At this point the music becomes faster. The leader may change any time after this point into Fig. II

Fig. II, 8x, or Fig I, 4x + Fig. II, 4x/ Interlude/ Fig. II to end of dance. End dance with stamp R.

Original notes by Margarita Gajicki Rev. and R&S by dd, 2-98

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