Presented by Atanas Kolarovski

STARA VRANJANKA KOLO Macedonia

This dance is actually 2 dances in one. Vranjanka is the first dance with an interlude leading into Stara Vranjanka.

PRONUNCIATION:

RECORD: Songs and Dance of Jugoslovia, AK-007, Side __, Band __.

RHYTHM: 7/8 meter counted: $\frac{1.2.3}{1}$ $\frac{4.5}{2}$ $\frac{6.7}{3}$ (S.Q.Q)

FORMATION: Lines with hands joined at shldr level.

METER: 7/8

PATTERN

Meas.

INTORDUCTION:

VRANJANKA KOLO

- Facing and moving LOD, step R fwd (ct 1), lift on R (ct 2), step L fwd (ct 3).
- Facing slightly L of ctr, step R (ct 1), with wt on R and ball of L ft remaining on floor, bounce twice (cts 2-3).
- 3-4 Facing slightly R of ctr, repeat meas 2, 2 more times (3 in all).
- Face ctr and lift on R. L raises fwd slightly (ct 1), step R to R (ct 2), step L next to R and face ctr (ct 3).

INTERLUDE:

3 meas of drums, continue doing first dance meas 1-3, then change to 2nd dance with the music. Do not finish the first dance.

- STARA VRANJANKA
- Moving in LOD, step R (ct 1), step L (cts 2-3).
- 2 Hop on L, lift R knee (ct 1), turning to face ctr, step R with bent knee and lift L behind R knee (ct 2), hold (ct 3).
- Facing ctr, bring L around in front of R knee (ct 1), bring L behind R knee (no bounce) (ct 2), lift-hop on R (ct 3).
- 4 Step L (ct 1), step R to R (ct 2), step L across R (ct 3).