

1976 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Bora Gajicki

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Macedonia

RECORD: Borino Kolo (LP) BK576 or Jugoton (LP) YV S-60941

FORMATION: Segregated lines. Hands joined at shldr height with body turned slightly to R.

MUSIC 5/8 (2+3) ^(16 MEAS PHRASE) PATTERN INTRO - 1 DANCE - 1 INTERLUDE -
Meas. INTRO 16 MEAS 5 DANCE - 1 INTERLUDE - 5 DANCE.

FIG. I

- 1 Lift R in front of L leg and bounce on L (ct 1), hold (ct 2). Step on R, lift L slightly (ct 1), hold (ct 2-3).
- 2 Lift L in front of R leg and bounce on R (ct 1), hold (ct 2). Step on L, lift R leg (ct 1), hold (ct 2-3).
- 3 Step on R (ct 1), bring L leg in front of R with leg almost straight (ct 2). Step on L (ct 1), place R leg behind L ankle (ct 2), hold (ct 3).
- 4 Bounce on L (ct 1), hold (ct 2). Step back with R, lifting L leg with knee bent in front of R leg (ct 1), hold (ct 2-3).
- 5 Bounce on R, lift L leg with bent knee in front of R leg (ct 1), hold (ct 2). Step back with L, ~~turning body to face str of dance~~, lift R off floor (ct 1), hold (ct 2-3).
- 6 ^{MOVE LOD} Step R ~~beside L~~, lift L off floor slightly (ct 1), hold (ct 2). (On ct 1-2, hands are brought down to sides.) ^{FACE STR} Step on L, place R beside L ankle (ct 1), hold (ct 2-3). ¹ (On cts 1-3, hands are brought up to shldr height pos).
- 7 Bounce on L, lift R in front of L leg (ct 1), hold (ct 2). Hold (cts 1-3).
- 8 Release hands of persons next to you, leaving hands at shldr height, make 1/2 turn to R by stepping on R (ct 1), hold (ct 2). Complete turn by stepping on L, lifting R in front of L leg (ct 1), hold (ct 2-3).

FIG. II

- 1-5 Repeat meas 1-5, Fig. I.
- 6 ~~Bounce on L, lift R leg in front of L (ct 1), hold (ct 2). Hold (cts 1-3).~~
- 7 ~~Repeat meas 6, Fig. I.~~
- 8 ~~Bounce on L (ct 1), hold (ct 2). Straighten R knee touching floor beside L with R heel, while straightening your arms overhead (ct 1), hold (ct 2-3).~~

8 STEP R BESIDE L SLIGHTLY OFF FLOOR, HANDS MOVE DOWN TO SIDE (CT 1) HOLD (CTS 2-3) STEP L IN PLACE AND RAISE HANDS TO SHOULDER LEVEL CTS 1-3 -31-

INTERLUDE - (2 TIMES) WALKING STEPS W/ Q, S RHYTHM (CTS 1 2 3) LOWER HANDS, MOVE LOD w/ 8 BEGIN R, ACCEPT BEHIND BY DANCE