

SWEDISH - FINN MIXER

Sweden

This dance was notated at the "Festival in Uddevala" of the "Svenska Ungdomsringen for Bygdekultur" in 1974 by Edward Goller. This was one of the many easy mixers presented in groups of mixers by teachers such as Lars Abrahamson. Edward Goller chose this particular name because the propelled turn is the same as in the dance "Atta Man Engel" which is popular in both Finland and Sweden.

RECORD: SCLP 1021 Electric & Musical Industries, Sweden (LP),
"Dans I Dalom", Side B, Band 3 (Pelles Polka); or any
other lively Swedish polka or polkette.

FORMATION: Cpls in a circle, M on inside of circle facing out, W
facing M.

STEPS & Walking and buzz steps are done very lively.

STYLING:

Buzz Step: Step R across L, with slight dip (ct 1),
step L fwd, slight rise on ball of ft (ct &), repeat cts
1-& (cts 2-&). 2 buzz steps per meas.

METER: 2/4

PATTERN

Meas.

No Introduction when using suggested recording.

FIG. I: R & L HAND STAR

- 1-4 Cpls join R hands with thumb grasp at shldr ht with long arms
and do 8 walking steps around each other turning CW. Start R.
5-8 Repeat meas 1-4, with opp hand hold and turning CCW.

FIG. II: BUZZ IN SPIN HOLD

- 1-8 With L hands joined in thumb grasp, reach (inside of R arms
cross) over the top of ptrs R shldr and put the palm of own R
hand on ptrs R shldr-blade. In this pos do 16 buzz steps
turning CW. Start on the inside ft (R) and dip slightly, then
rise slightly while stepping on the outside ft (L). All cpls
end in Varsouvienne pos, facing LOD. To get into Varsourienne
pos cpls retain L hand hold and the W makes 1/2 turn CW.

FIG. III: VARSOUVIENNE WALK

- 1-8 In Varsouvienne pos (both face LOD; W on M's R and slightly
fwd; W's hands held over own shldrs. M's hands joined on top
of W's - R in R, L in L), do 16 steps in LOD. Smile at
your ptr, and if you wish you may rock joined hands slightly
to correspond with walking motion.

FIG. IV: WOMEN CAST OFF

- 1-8 Releasing L hands, W cast off (1/2 turn to R) to face RLOD,
then releasing R hands, M continue walking LOD (CCW) on in-
side circle, while W walk on outside of M circle in RLOD (CW).
Do 16 walking steps.

Repeat the dance from the beginning by taking a new ptr by R hand.

Anyone losing a ptr should run to the middle of the circle. If the room is crowded, cpls doing the "spin hold" turn can stagger themselves in or out of the circle slightly.

Presented by Edward & Carol Goller
at the Idyllwild Workshop, 1979

Presented by Dave & Fran Slater
Camp Hess Kramer Institute, Oct. 12-14, 1979