Translation: Syrtós from the island of Cephalónia.

MUSIC:

Record: FOLKRAFT 1572

FORMATION: Line dance, no ptrs.

STARTING

"W"pos, R ft free.

POSITION:

Music:	3.4	PATTERN
Meas		VARIATION I: Basic
1-2		Step sdwd R on R ft (ct 1); cross & step on L ft in back of R (ct 2); Turning to face sl R, 4 walking steps fwd starting with R ft (cts 3-6). NOTE: Sometimes there is a sl hop on R ft just before the second walking step (L).
3		Turning to face ctr, leap sdwd R on R ft swinging L across in front (ct 1); moving L, step sdwd L on L ft (ct 2); cross & step on R ft in front of L (ct 3).
4		Step sdwd L on L ft (ct 1); point R toe across in front of L (ct 2); chug* L ft bkwd, brushing R heel fwd (ct 3).
	ą	Chug: a sudden, very sl slide of ft. The feeling of the dance is such that it seems to begin with this chug.
		VARIATION II: (Music E, only).
1 <b>-</b> 3		As VAR. I, Meas above.
4		Step sdwd L on L ft (ct 1); point R toe across in front of L (ct 2); pause (ct 3).
5		Step sdwd R on R ft (ct 1); step on ball of L ft just in back of R ft (ct 2); cross & step on R ft in front of L (ct 3).
6		As in VAR. I, Meas 4.
		VARIATION III:
1		(long) Step R ft to R; step on L ft behind R (quick); step on R ft to R (quick).
2		Hop on both ft, with L ft crossed in front of R & wt on L ft (long); walk R,L to R (quick, quick).
3		Leap-chug on R ft, extending L across (long); step L ft to L (quick); step R ft behind L (quick).
4		Step L; (long) cross R toe across L ft - on floor (2 cts).

Presented by Vyts Beliajus Idyllwild Workshop - 1971