

TA'AM HAMAN

Ta'am Haman is a Bavarian Jewish tune and is translated to mean, The Taste of Manna. The lyrics and music were written by I. E. Navon, and the dance choreography is by Yaav Ashrial. Ta'am Haman was presented first at Folk Dance Camp, University of the Pacific in 1960 by Miriam and Charles Lidster. They saw it being danced at the Rothschild Recreation Center, Haifa, Israel in 1959, where they were visiting a class of Rivka Sturman.

- * MUSIC: Records: Tikva 69A "Dance Along with Sabras"; Vanguard VRS 9046 "Karmen Israeli Singers & Dancers"; Hed Arzi #1; Symphonica HS 203
 Melodic Zins: Individual dance descriptions # 8, published by Merkaz Leterbut Ulechimuch, Israel, 1957.
- FORMATION: Cpls in double circle. Face CCW. Hands joined crosswise with R to R, L to L.
- STEPS AND STYLING: Sliding, brush, two-step, Yemenite step (3/4) meter
 The dance is lyrical in quality with a definite waltz quality.

MUSIC 3/4

PATTERN

Measures

INTRODUCTION: (Tikva 69A "Dance Along with Sabras")

YEMENITE, ROCK and STEP-CLOSE-STEP

- 1-2 a) Face LOD. Yemenite step L (ct 1, 2, 3, 1, 2, 3)
 3 Step fwd R in LOD, bending knees slightly (ct 1, 2, 3).
 4 Transfer wt back onto L (ct 1, 2, 3)
 5 Again transfer wt fwd onto R (ct 1, 2, 3).
 6 and back onto L (ct 1, 2, 3). Dance meas 3-6 with a soft rocking movement.
- 7-8 Yemenite step R (ct 1, 2, 3, 1, 2, 3).
- 1-8 Repeat action of meas 1-8, Fig. I.
- 9-10 b) With L shoulder fwd ctr, take 1 sliding step (step-close-step) L fwd ctr (ct 1, 2, 3, 1, 2, 3). This should be a wide step with R ft chasing.
- 11-12 Brush R ft across in front of L (ct 1, 2, 3) and make a slight dip on L (bend L knee while lifting R knee). Toe is pointed up.
- 13-16 Repeat action of meas 9-12, Fig. I. Begin with R ft and move away from ctr of circle.
- 9-16 Repeat action of meas 9-16, Fig. I.
 repeated

continued...

Ta'am Haman - 2

- 17-18 c) Face LOD. Yemenite step L (ct 1, 2, 3, 1, 2, 3)
- 19-20 Move fwd in LOD (CCW) with 1 step-close-step RLR (ct 1, 2, 3, 1, 2, 3).
- 21-24 & Repeat action of meas 17-20, Fig I, three times.
- 17-24
repeated

YEMENITE, ROCK and STEP-CLOSE-STEP FACING PARTNER

- a) Double circle. Ptrs turn, face to face. M inside circle, W outside. Both hands of M hold R hand of W in an upright pos, OR R hands may be joined at chest height, elbows bent.
- 25-32 Repeat meas 1-8 and 1-8 repeated, Fig. I (a). On the fwd step M places R ft on the outside of W R, R shoulders adjacent.
- 33-40 b) Repeat action of meas 9-16 and 9-16 repeated, Fig I (b). M and W both begin with L. M moves sdwd LOD (CCW), W sdwd RLDD (CW). R hands are joined with ptr. On ct 3 (meas 12) while bending knee M gives L hand to W on his L (R knee is bent and R ft touches ft of new W). W does the same with M on her L, thus forming a chain of joined hands. On the repeat to R, change to join L hands with ptr and join R hands with new W to R R.
- 17-24 c) Turn to face LOD. Repeat action of meas 17-24, Fig I, exactly.
- 17-24
repeated

NOTE: The music is written 3/4 but the pulse or underlying beat of the music is 6/8.

Gizretakh tawnit nogs, raikha nerd uymor suga (2)

Siftotayikh argeman, niven binot, ta'man, -man (2)

Ta'm haman, haman, haman, im yeeuper lo ya'uman (2)

Tsuf tirosh khelev udvash, lo yarevuni, khika navash (2)

Et eshak siftotayikh, tashkini edenayikh (2)

Ta'm haman, haman, haman, im yeeuper lo ya'uman (2)

Bat shirati, ufi na, mul tamati kayone (2)

Bera hina kakhamo, livyat khan na'im (2)

Ta'm haman, haman, haman, im yeeuper lo ya'uman (2)

You are formed in beauty,

Fair, sweet scented, enclosed in myrrh;

Your lips, vermillion,

That taste of manna--the lips whose taste I know.

The taste of manna--of your lips,

That cannot be described.

No honey, milk or wine can sate

The thirst that burns within me;

Only the kiss of your pleasant lips

Will make perfection mine.

The taste of manna.....

You are formed in beauty
Sweet scented, wrapped in
myrrh

Your lips vermillion
Taste of manna, lips I know
Your lips of manna, the taste
cannot be described.

No milk or honey can quench
my burning thirst inside
Only your wonderful kiss
will satisfy me.