TAP'NOS "T'Armen 'o Yios"

(Marides Villages, Thrace)

FORMATION: Open circle, arms start in W position.

METE	R: 2/4 PATTERN
Meas	
1 2 3	Moving slightly diag R into circle center. Arms in W postion step R (ct 1); step L, arms swing down (ct 2) Step R, arms swing up to W (ct 1); step L, arms swing down (ct 2) Step R, arms swing up to W (ct 1); touch L (ct 2).
4 5	Moving slightly diag R out of circle center. Step L bkwd diag rt, arms swing L (ct 1); step R bkwd diag rt, arms swing R (ct 2) Step L bkwd diag rt, arms swing L (ct 1); touch R, arms return to center W position (ct 2).

To understand these notations, use Joe's Secret Decoder Page. \Box