SONDERHONING (cont.)

- 1. 16 walking steps forward starting on outside feet.
- 2. As the couple face each other, the man swings the lady's left arm behind her, holds it with his other hand, and she slips her hand up under his arm pit to hold his left shoulder blade.
- 3. Sonderh steps.

Man. --- the man steps forward on left foot, (1 count), pivots to his right, at the same time touching his right toe to his left foot (2nd count) then finishes a complete turn by stepping forward on his right foot. (3rd count)

(Similar to woman's hambo step)

Lady's step -- She takes a quick two-step on her right foot (two counts, then steps onto her left foot with a little leap which enables her to pivot to her left - 3rd count)

Five Sonderh steps can be completed in 8 measures of music, ending with two little steps to be ready to start the dancing again on outside feel.

As the couple revolves doing the sonderh step - they represent the gently rolling waves -so there are no "hoppy" places in the dance.

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TEXAS SCHOTTISCHE FOR THREE (American)

Record: Any Schottische music

<u>Formation</u>: Sets of three, one man and two ladies or vice versa. All sets facing counterclockwise around the floor in a ring.

- Part 1: The man extends both hands forward and to the side and holds the lady on the left by the left hand; the lady on the right by the right hand. The two ladies hold free hands behind the man's back.

 All start on left foot and take 2 two-steps forward. (A two-step is a step-together-step). Now walk forward 4 slow walking steps, L,R,L,R.
- Part 2: The left heel is now placed forward, then the left toe is placed in front of the right foot. Then the two ladies drop the hands they are holding behind the man's back and at the same time take 3 steps forward to face the man, and stand with their backs against the line of direction They continue to hold the man's hands. At the same time the man takes three steps in place.

(cont.)

TEXAS SCHOTTISCHE FOR THREE (cont.)

Part 3: All take a heel and toe step in place starting on right foot. Then with 3 walking steps, man pulls girls past him so they progress to the man behind him, girls walk to the new man with 3 steps and assume starting position. The man walks forward to take the 2 new girls.

Repeat dance over and over. A schottische step may be substituted instead of the two-step if the group is a more experienced and lively one.

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TEXAS SCHOTTISCHE FOR TWO (American)

Record: any schottische music.

- Formation: Double circle of partners (Varsouvienne position), girls on outside, boys on inside. The girls have both hands lifted; men take their hands in cross-shoulder position (he reaches across girl's shoulder with right arm to take her right hand in his, and reaches across his chest with left hand to hold her left hand in his).
- Action 1: Each person takes a step diagonally forward to the left with left foot, draws right foot to it, steps diagonally forward again to the left, pause; then step diagonally forward to the right, draw left foot up to the right one, step right again, pause. (Cue: "Left, slide, left, and right, slide, right.")
- Action 2: Walk forward four slow walking steps: Left, right, left, right.
- Action 3: Change partners: Each person touches left heel forward, then touches left toe to the floor behind the right heel. Release right hands as the girl walks around in front of her partner and over to his left, facing back in the opposite direction from him, with three little quick walking steps. (They still hold left hands.) Right heel forward, and right toe backward and the girl finishes her turn, releasing left hands with her partner, so that she ends up at the right side of the man who was behind her. (Cue: "Heel and toe and half way round; heel and toe and all the way round.") (She holds her hands up as she goes back to her partner and he takes her hands as her first partner did.) This may also be done to the music of "Country Gardens," (See "Sing It Again.")

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