

*As seen by  
young men*

TREI PĂZEȘTE  
(Roumanian)  
(Trrey Pw-h-ZESH-teh)

SOURCE: Trei Păzește comes from Bistret-Băilești, Oltenia. There are several hundred varieties of Trei Păzește--each village in Oltenia has its own. Alexandru David learned this dance from Ion Petcu, former soloist of the Romanian Rhapsody Ensemble, now chairman of folk dance teaching at ~~the~~ Popular School of Arts in Bucharest.

FORMATION: A line of men in V position

MUSIC: RECORD: Gypsy Camp, Volume IV, Side 1, Band 7. (Slow Record)

METER: 2/4

PATTERN

Meas.

FIGURE I

- 1 Wt on L ft, bring R leg high and kick R leg fwd while L heel swivels R (Ct 1), bend R knee and bring R ft beside L knee while L heel returns to original pos (Ct 2)
- 2-3 Repeat meas 1 two more times (3 times in all)
- 4 Swivel L heel to R and kick R leg fwd (Ct 1), stamp R ft beside L with no wt (Ct 2)

FIGURE II

- 1 Step bkwd on R (Ct 1), step L next to R (Ct &), step R fwd (Ct 2), brush-stamp L fwd (Ct &)
- 2 Heavy step fwd L (Ct 1), stamp R fwd no wt (Ct 2)
- 3-4 Repeat meas 1-2 (two times in all)

FIGURE III

- 1 Moving sdwd L, step on R heel in front of L (Ct 1), step L to L with a limp (Ct &), step on R heel in front of L (Ct 2), step L to L with a limp (Ct &)
- 2-3 Repeat meas 1 twice (three times in all)
- 4 Continuing sdwd L, step on R heel in front of L (Ct 1), step L to L with a limp (Ct &), step on R heel in front of L (Ct 2), swing L leg across R to change direction (Ct &)
- 5-6 Repeat meas 3-4 reversing direction and ftwk
- 7 Repeat Meas 1
- 8 Continuing sdwd L, step on R heel in front of L (Ct 1), step L to L with a limp (Ct &), step on R heel in front of L (Ct 2). NOTE: Dancers may substitute 3 stamps (R, L, R) for this meas.

*continued...*

# TREI PĂZEȘTE CONT'D

Meas.

PATTERN

## FIGURE IV

1 Leap onto L in place (Ct 1), arc R leg around to step R across L (Ct 2),  
step L back in place (Ct &)

2 Step R in place (Ct 1), step L across R (Ct &), step R back in place  
(Ct 2). NOTE: these two meas. are dances on the ball of the ft.

3-8 Repeat meas 1-2 three more times (4 times in all)

## FIGURE V

1-3 Repeat Figure 3, reversing direction and ftwk

## FIGURE VI

1 Fall on L ft in place (Ct 1), stamp R ft to R (no wt) (Ct &) pull R ft  
to L (Ct 2) *on first time because not on L already. bending knees if taking wt*

2 Hold

3-4 Repeat meas 1-2

5-6 Repeat meas 1 two times

7-8 Repeat meas 2 two times

## FIGURE VII

1 Fall on L ft in place, bending body fwd from waist (Ct 1), step R to R  
(Ct &), step L in place (Ct 2), close R to L (Ct &) *raising R toe*

2-7 Repeat meas 1 six more times (7 times in all)

8 Fall on L (Ct 1), stamp R to R (no wt) (Ct &), pull R to L (Ct 2) *heel*

Presented by Mihai David  
1983 Idyllwild Spring Institute

HEN, UNA  
HEN, DOA

HEN, SI ZIL SI ZIL

*Deal time to ct*