

Trei Păzești Bătrânesc
Oltenia, Romania

*Three tunes
Square
Old Man
Cold Man's
Treia Păzești*

Record: Romanian Folkdances Nevofoon 15 005 side 1, band 6

Formation: Short lines or open circle of 11 and 14

Position: Shoulder hold

Music: 2/4

Introduction: 16 measures

Measure	Pattern
1	In place, facing center step R (1), kick L (2)
2	Step L (1), stamp R slightly fwd (2)
3-8	Repeat meas. 1-2, three more times
9	Bending fwd, slap R (1), slap R (2)
10	Moving R, sideways with body erect, step R (1), step L behind R (&), step R (2)
11-12	Repeat meas. 9-10, reversing ftwork and direction
13-16	Repeat meas. 9-12
17	In place, step R heel across (1), step L (flat) in place (&), Step R in place (2)
18	Repeat meas. 17, reversing ftwork
19	In place, facing very slightly to the left, accented step R diagonally fwd (1), step L in place (&), step R in place (2), step L in place (&)
20-21	Repeat meas. 19
22	Moving sideways L, step R across (1), step L (&), step R across (2), step L (&)
double cross	
23	In place, step R in front of L (1), step L in place (&), step R to R (2), step L in front of R (&)
24	Step R in place (1) slight leap L (&), slap R heel with no weight (2&)
25	Moving L, digging with heel, step R across L (1), step L (&), step R across L (2), step L (&)
26	Step R across (1), step L (&), accented step R (2), swinging L fwd
27-28	Repeat meas. 25-26 reversing ftwork and direction
29-30	Repeat meas. 25-26
31	In place, high leap L across R (knees bent) (1), high leap R across L (2)
32	Leap L across R (1), slap R in front, no weight (2)
	Repeat dance

Notes:
Suni Bloland
Gail Kilgman