

Trei Păzește - Romania

Presented by Alexandru and Mihai David

Source: Trei Păzește comes from Bistret-Băilești, Oltenia. There are several hundred varieties of Trei Păzește - each village in Oltenia having its own. Alexandru learned the dance from Ion Petcu, former soloist of the Romanian Rhapsody Ensemble now chairman of folk dance teaching at the Popular School of Arts in Bucharest.

Formation: line, semi-circle, 2 diag in V, men's dance

Handhold: backbasket

Music: 2/4

Measures Description

fig 1

1 bending knee on each ct - wt on L kick R leg
diag L frwd (ct1), bring R ft to L knee (ct2)
2-4 repeat ms 1-3 times stamp R no wt (ct2)

fig 2

1 step R back (ct1), step L (ct&), step R frwd (ct2),
brush L (ct&)
2 step L (ct1), stamp R no wt (ct2)
3-4 repeat ms 1-2 fig 2

fig 3

1 travel sdwds L step on R heel in front of L (ct1),
step L to L (ct&), step on R heel in front of L
(ct2), step L to L (ct&)
2-4 repeat ms 1 fig 3 3 times stamp R no wt (ct2)
5-6 travel sdwds R reverse ms 1 fig 3 twice stamp L no
wt (ct2)
7-8 reverse ms 5-6 fig 3

fig 4

1 leap frwd L (ct1), bring R leg around step R across
L (ct2), step L back (ct&)
2 step R across L (ct1), step L back (ct&), close
R to L (ct2)
3-4 repeat ms 1-2 fig 4
5 step L (ct1), step R in front of L (ct&), step L
(ct2), step R (ct&)
6 step L in front of R (ct1), step R (ct&), step L
(ct2), step R in front of L (ct&)
7 step L (ct1), step R (ct&), step L in front of R
(ct2), step R (ct&)
8 step L (ct1), stamp R (ct2)

Continued...

Trei Păzește
continued

fig 5

1-8

reverse fig 3

fig 6

1

fall on L (ct1), stamp R no wt (ct&), step R (ct2)

2

hold

3-4

repeat ms 1-2 fig 6

5-6

fall on L (ct1), stamp R no wt (ct&), step R (ct2),
step L (ct&), step R (ct1), step L (ct&), step R
(ct2)

7-8

hold

fig 7

1

fall on L (ct1), step R out (ct&), step L (ct2),
step R to L (ct&)

2-7

repeat ms 1 fig 7

8

fall on L (ct1), stamp R no wt (ct&), close R. to
L (ct2)

Dance notes by Maria Reisch