

Presented by Sunni Bloland

TREI PĂZEȘTE DE LA BISTRET
Oltenia Romania

Trei Păzește means "three times be careful"; it is a common dance type with many variants. This Trei Păzește comes from the village Bistret in Oltenia. Some of the dances on HAI LA JOC were learned from "Puiu" Vasilescu and Sunni Bloland's colleague and counterpart in Holland Marius Korpel.

PRONUNCIATION: Tray puh-zeshtay day la beestret

RECORD: HAI LA JOC, Noroc Vol. I, Side A, Band 3

FORMATION: Mixed short lines, with hand on shldr, "T"

METER: 2/4 PATTERN

Meas.

INTRODUCTION: 32 cts.

FIG. A:

- 1 Step bkwd R (ct 1), step bwd L(ct &), step fwd R (ct 2), scuff L fwd (ct &).
- 2 Stamping step L fwd (ct 1), stamp R (ct 2).
- 3-8 Repeat meas 1-2, 3 more times (4 in all).

FIG. B:

- 1 Facing ctr grapevine RLOD stepping R heel across L (ct 1), step L to L (ct &), step on ball of R ft behind L (ct 2), step L to L (ct &).
- 2 Continue grapevine by repeating meas 1.
- 3 Continuing in RLOD, step R heel across L (ct 1), step L to L (ct &), step R heel across L (ct 2), step L to L (ct &).
- 4 Step R heel across L (ct 1), step L to L (ct &), step R heel across L (ct 2).
- 5-6 Repeat meas 3-4, with opp ftwk and direction.
- 7-8 Repeat meas 3-4.

FIG. C:

- 1 Facing ctr, leap onto L in place as R leg is lifted and circles from back to front (ct 1), step R across R (ct 2), step L in place (ct &).
- 2 Step R next to L (ct 1), step L across R (ct &), step R in place (ct 2).
- 3-4 Repeat meas 1-2.
- 5 Repeat meas 1.
- 6 Step R next to L (ct 1), step L across R (ct &), step R in place (ct 2), step L next to R (ct &).
- 7-8 Repeat meas 3-4, Fig. B (7 crossing steps to L).

FIG. D:

- 1-8 Repeat meas 1-8, Fig. B with opp ftwk and direction.
- Repeat dance from beginning.