## **Tremouliastos**

(Emona, Northern Thrace)

Jerry Duke presented the dance at Arcata Festival 2010 and Kolo Festival 2009. He learned it from Kyriakos Moisides from Thrace.

Pronunciation: Treh-moo-lee-AHS-tohs

Music: 2/4 meter

Formation: Open circle facing slightly to the R. Arms in V-pos. Leader on the R.

Meas	2/4 meter Pattern
1-2	Two triplets: R, L, R, hold, L, R, L, hold.
3	Two steps continuing to move CCW: R (ct 1), L (ct 2).
4	Step on R and face center (ct 1); lift L in front (ct 2).
5	Facing center and moving CW: Step L to L, close R to L with wt. There is a bit of bouncing on each step.
6-8	Repeat meas 5 three more times. The last "close" is without wt so that R ft is free.
9	Step R in place, turn slightly to L and step on L behind R (ct &), step R in place (ct 2).
10	Repeat meas 9 with opp ftwk and direction.
11-16	Repeat meas 9-10 three more times.