

1966 TEACHER TRAINING

Presented by Vilma Matchette

TSAKÓNIKOS (Tsah-koh-nec-kohs) (Peloponnesos, Greece)

SOURCE: Dance is from the area of Tsakónia.

MUSIC: Folkraft LP-3

FORMATION: Open or broken circle, leader at right end. Hand hold: elbow bent, forearms close together (left over right), hands joined with fingers clasped.

METER 5/4

PATTERN

Measures

Figure 1. (Music A)

- 1 Step R to R (ct. 1), cross L in front of R (ct. 2), step R to R (ct. 3), close L to R ft. (ct. 4), hold (ct. 5).
- 2-8 Repeat Meas. 1 seven more times (eight times in all).

Figure 2. (Music B)

- 9 Step R to R (ct. 1), cross L in front of R (ct. 2), step R to R (ct. 3), hop on R (ct. 4), cross L in front of R (ct. 5).
- 10-16 Repeat Meas. 9 seven more times (eight times in all).

Note: During both parts of the dance the line winds in and out and around as though wandering through a labyrinth.