## TSION TAMATI (Israel)

SOURCE:

The dance protrays the great longing the Jews have for returning to Zion - Israel. TRANSLATION: My Innocent Zion. Dance by

Eliyahu Gamliel

MUSIC:

FORMATION: Circle in a simple hold

METER:	3/4	PATTERN
Meas	Ct	
		PART A
Ĩ	1-3	3 steps fwd, R, L, R, in LOC, CCW on the third step turn to face ctr
2	1	Step L back with bent knee
	2	Step R fwd
	3	Close L beside R
3-4		Repeat meas 1-2, Part A
5	1	Step R to R
	2	Cross L over R
*	3	Step R bk behind L
6	1-3	3 step turn, L, R, L to L moving to RLOD, CW
7	1	Step R across L with bent knee, hands and fingers stretched to L
	2	Step L to L elbows bent, body straight
	3	Repeat ct 1, meas 7, Part A
8	1	Repeat ct 2, meas 7, Part A
	2-3	Repeat cts 1-2, meas 7, Part A
9-16		Repeat meas 1-8, Part A
		PART B - FACE CTR
1	1-3	3 steps fwd, R, L, R
2	1	Step L fwd with bent knee
	2	Close R beside L
	3	Hold block
3-4		Repeat meas 1-2, Part B, reverse direction
5	1-2	2 steps fwd, R, L
	3	Brush R heel while rising on L
6		Repeat meas 5, Part B
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continued ...

## TSION TAMATI (Cont'd) Meas Ct

- 1 Cross R over L
  - 2 Step L in place, behind R
  - 3 3 step turn CW, R, L, R moving bk
- 1-2
  - Close L beside R, face ctr 3 PART C
- 1-3 3 steps, R, L, R in LOD, CCW
- 2 1 Cross L over R
  - 2 Close R beside L, turn to face RLOD, CW
  - 3 Hold.
- 3 4Repeat meas 1-2, Part C, reverse ftwk and direction
- 5-6 2 waltz steps, R, L, to complete 1 solo turn to R, CW
- 7 1 Step R fwd, twd ctr
  - 2 Close L beside R while rising to balls of feet
  - 3
- 8 1-3 Repeat meas 7, Part C, reverse ftwk and direction INTERLUDE
- 1-8 Repeat meas 1-8, Part A

## Presented by Ya'akov Eden Idyllwild Conference, 1981

TSION TAMATI 46 Pronunciation: Tsee-on Tah-mah-tee Music: Dances by Ya-ov Ashri'el, Y-114 (LP), Side B, Band 4. Under "Formation" add: Steps: Yemenite Waltz - step fwd on flat of ft (ct 1); 2 steps fwd on ball of ft (cts 2-3). Introduction: 8 Meas. Part A, meas 6, cts 1-3, add CW before first comma Meas 7, ct 1, acers-L fwd ", delete  $\underline{L}$  at end of sentense; add -  $\underline{fwd}$  at chest ht. Part B, meas 2, ct 2, add to end of sentence: ,lift on toes. ct 3, Held lower heels 47 Meas 7, ct 2, should read: step L bkwd in place, delete Meas 7, ct 3, meas 8, cts 1-2, bk out of circle Part C, meas 2, ct 1, should read: Step L fwd , ct 2, add <u>lifting on toes</u> after first comma , ct 3, lower heels Held meas 5-6, change as follows: 2 Yemenite waltz steps ... Meas 7, ct 3, Held lower heels Sequence, add to end of dance: Part A, B, C, Interlude, A,B,C,B,C