TZAMA, TZAMA

Dance: Elie Falach

Music: Traditional

Record: I Remember - Hadarim LP 4

Formation: Circle

Part One - Facing CCW

1-4	Run fwd, RLRL	
5-8	Cherkessiya step starting R	
9-12	Run fwd, RLR, hop fwd on L	
13	Touch R heel next to L foot, while raising arms up	
14	Hold	
15-16	Repeat 13-14	
17-32	Repeat 1-16	

Part Two - Facing center of circle, holding hands

1-2 3-4	Cross-step-hop with R Cross-step-hop with L	in in	front front	of of	L R	
5.	Step back with R Step back with L					
7-8 9-16	Step-hop fwd with R Repeat 1-8 in reverse	sta	arting	wi	th	cross-step-hop

Part Three - Facing Center, dropping hands

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Step-cross with R heel in front of L

Step to left side with the L

Repeat 1-2 three more times

Step-cross with R foot in front of L

Hold

Repeat 1-8 in reverse starting with step-cross on L heel in front of R

Repeat 1-16, Part II

Repeat 1-16, Part III
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Notes by Dina & Shlomo Bachar

Taught by Madelyn Taylor

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