y SEST

MORA VAC

(Moh-rah-vahts)

(Serbia, Yugoslavia)

SOURCE:

Moravac is one of the most popular melodies used for the dance "U Sest Koraka". Simply referred to as "U Sest"—in sixes (steps) which is the most common and popular kolo in Serbia today. There are countless steps and variations for this dance, the most common of which is given the name "Moravac". There is no set routine. However, for ease in following, the leader may call figures.

RECORD:

Balkan 556, Greyko 102, Stanchel 1038, KF-LP 1019, KF-EP 104

PIANO:

Narodne Igre Za Klavir, Lj. M. Bosnjakovic, "Prosveta", Beograd

(no date) Dance #49, page 36.

Formation:

Open circle with M leader at R end, W on L of M, alternating in the line. M hook thumbs in front of own belt, W put arms through the crook of M's arms, putting hands on M forearms.

Styling:

Stand erect, take very small, light steps, and make each step distinct

STERS:

"Syncopated Threes". This step appears in each variation, and is done as follows: Step R in place, (ct 1); hold, (ct &); step L beside R (ct 2); step R in place (ct &). Also done beginning with L ft. The rhythm is "slow-quick-quick". Emphasize ct 1 by bending knee of supporting leg. Other steps described in body of dance.

+ CENTY

Measures

PATTERN

HAJDE (Let's go. start dancing)

- I Step R to R (ct 1); close L to R, taking wt. (ct 2)
- 2 Step R to R (ct 1); close L to R, but do not take wt (ct 2)
- 3 Step L to L (ct 1); close R to L, but do not take wt (ct 2)
- 4 Step R to R (ct 1); close L to R, but do not take wt (ct 2)
- 5-8 Repeat action, meas 1-4, beginning L and moving L.
- 9-16 Repeat action, meas 1-8.

CETRI (Fours)

- Step R to R (ct 1); step L in back of R (ct &); step R to R (ct 2); step L in back of R (ct &). (Four Steps)
- 2-4 Three "Syncopated Three's" in place (R-L-R, L-R-L, R-L-R)

Continued ...

- 5-8 Repeat action of meas 1-4, but with opp ftwk, moving L.
- 9-16 Repeat action meas 1-8

CUJES

- Step R to R (ct 1); pause (ct&); hop on R (ct 2); step L in front of R (ct &).
- 2-4 Three "Syncopated Threes" in place (R-I-R, L-R-L, R-I-R).
- 5-8 Repeat action of meas 1-4, but with opp ftwk, moving L.
- 9-16 Repeat action of meas 1-8.

SKCCI (Hop)

- Step R to R (ct 1); pause (ct &), bringing L alongside R ankle.

 Hop R (ct 2); step on L behind R (ct &). (When bringing one ft behind the other, the feet"hug" each other).
- 2-3 Repeat action of meas 1, twice. (Three times in all).
- 4 One "Syncopated three" in place (R-L-R).
- 5-8 Repeat action meas 1-4, but with opp ftwk, moving L.
- 9-16 Repeat action meas 1-8

SEDAM (Sevens)

- Step R to R (ct 1); step L in back of R (ct &); Step R to R (ct 2);
 Step L in back of R (ct &).
- 2 Step on R to R (ct 1); Step L in back of R (ct &); step on R to R (ct 2); Hold (ct &). (Seven steps)
- 3-4 XXX Two "Syncopated Three's" in place (L-R-L, R-L-R).
- 5-8 Repeat action of meas 1-4, but with opp ftwk, moving L.