

Valle e Dhardes

(Albania)

Source: Yves Moreau, Albanian group at Heritage '97. The dance was presented by Stephen Kotansky at the 1999 Stockton Folk Dance Camp.

Pronunciation: VAHL-leh eh dahr-DEHS

Music: Kotansky 1999 Camp Tape, Heritage 1997.

4/4 meter

Formation: Open circle; W-pos, with a scarf (kerchief) in the R hand, hanging down.

Meas

Pattern

1 meas

INTRODUCTION

DANCE

- 1 Facing R of ctr, raise up on L in preparation, step fwd on R with slightly bent knee (ct 1); step on ball of L ft beside R heel (raise up on it) (ct &); step fwd on R (ct 2); continuing to progress fwd, repeat cts 1, &, 2 with opp ftwk (cts 3,&,4).
- 2 Turning to face L of ctr, step back on R (still progressing in LOD) (ct 1); step back on L (ct 2); turning to face ctr, step on R to R (ct 3); step on L next to R with wt (ct 4).
- 3-4 Repeat meas 1-2.
- 5 Facing ctr with ft together, release hands, bend both knees, and wave kerchief down and across body (ct 1); straighten knees and return kerchief to position up and out to R (ct 2); repeat cts 1, &, 2 (cts 3,&,4).
- 6 Joining hands in W-pos, step on R to R (ct 1); touch L in front of R (ct 2); step on L to L (ct 3); close R to L (ct 4).
- 7-8 Repeat meas 5-6.

Presented by Suzanne Rocca-Butler