

PIRŠLYS

Side 1, Band 1 MATCHMAKER POLKA (Lithuanian)

A Lithuanian style Polka Mixer that's fun to do, easy to learn, and very usable to break the ice at your dance affairs.

Starting Position - A circle with all hands joined. W to the R of M. All start figure 1, with L ft. A Polka step is used throughout the dance.

FIGURE 1A All circle to the L with 7 Polka Steps and a Stamp. 8 Measures.
1B All circle to the R with 7 Polka Steps and a Stamp. 8 Measures.

FIGURE 2A All assume closed dance position, and dance 8 Polka steps around in a circle. Do not lose your position in circle. 8 Measures.

2B Face partner in one single circle with R hands joined. Each dancer moves forward, passing partner, dropping R hands, and joining L hands with next person in the circle. Continue this Grand Right and Left for 8 measures. Finish with a new partner. Start dance from beginning, and continue for rest of music.

MDX-900

Side 1, Band 2 KUBILAS (The Tub - Lithuanian)

Source - Dance description from "DANCES OF LITHUANIA" by V. F. Beliajus.

Starting Position - Closed circle, W to the right of M, all hands joined in back. M's hands joined, W's hands joined.

Steps Used - Basic step in this dance is a Gallop. If moving to R, start R ft, if to the L, start L ft. Circle should contain no more than 8 couples.

FIGURE 1

Measures 1-8 Circle moves to the R with 7 gallop steps and a jump on both feet.

Measures 9-12 Circle now breaks up into couples. M's R hand around W's waist, her hand on his L shoulder, free hand on hips. In this position continue to gallop in place, M moving Fwd, W moving Bwd. On last measure, M turns away from partner with a leap, landing on both feet.

FIGURE 2

Measures 1-8 All M to the center of circle, facing in, place hands on each others shoulders, while W, with their backs toward center of circle, raise L hand, hold skirt with R. In this position all gallop to their left.

Measures 9-12 Continue to gallop until you are in front of your partner.

FIGURE 3

Measures 1-8 Partners join both hands, R arms across each others chests, with R shoulders adjacent, leaning away from each other. In this position Gallop in place, spinning around each other.

Measures 9-12 Continue to spin around for 4 more measures, ending with a jump.

FIGURE 4

Measures 1-8 All W step to center, place hands on each others shoulders and gallop to R. M join hands and Gallop to L. All jump on 8th measure. Measures 9-12 Continue to gallop until you are near your partner. On 12th measure all jump again.

FIGURE 5 - Repeat figure 2 again

FIGURE 6 - " " 3 "

FIGURE 7 - " " 4 " , ending of music.

MDX 900

PLETYONKA

Side 1, Band 3 THE BRAID (Ukrainian Dance Mixer)

This Ukrainian mixer has several melodies that it is danced to. Here is a danceable tempo for all to enjoy.

FORMATION Circle of couples, M on the outside facing his partner whose back is to the center of dance area. There is an 8 measure introduction to the dance.

Measures

1- Hop on L and point R toe at same time. Hop on L again, placing R heel fwd.

2-4 Repeat Measure 1 starting with R, then repeat Measures 1 and 2 again. (4 meas. in all)

5-8 Hook R elbows with partner, dance around each other with 4 light running Two-Steps, ending back to place.

9-14 Men face in, W face out, hook L elbows with corner girl and all move toward M's R with 6 running Two-Steps.

15-16 Release R elbow hold with original partner and walk around four steps retaining your L elbow hook. At the end of the walk, start dance again with a NEW partner. Each time dance is completed M will have a new partner.

Continue dance until end of music. MDX-900

Side 1, Band 4 DRMES (Croatia)

The Drmes, or Shake Dance, is a typical dance of Croatia in Yugoslavia. Below is described a typical Drmes dance using some of the traditional steps.

FORMATION - A closed circle of partners with a basket hold. Grasp hand of second person on either side, joining them in back of the person next to you.

Part 1, 16 Measures

1 - Step R ft in place with emphasis, bending knee and extending L ft fwd. Pause and step L in place with knee straight. Step R in place, knee straight. Repeat again but start with L ft.

2-16 Continue alternating R and L ft. A shaking effect is felt while performing this step, and should be stressed. Steps are very quick and feet should be kept very slightly off the ground while you are stepping.

Part 2, 16 Measures

1 - Step to L with R ft, crossing in front of the L, with a slight bend of the knee. Leap slightly onto L with toe in front.

2-16 Continue step to end of musical phrase, 16 measures in all.

Part 3

Still in formation, group moves to the L starting with R ft with 10 steps, bouncing slightly with each one, then stamps 4 times in place. (RLRL). Immediately get ready to start dance from the beginning again. MDX-900

SLOVENIA VALS

Side 1, Band 5 WALTZ FROM SLOVENIA

Described here is a collection of traditional steps arranged for this particular music. Slovenia, although part of Yugoslavia now, was for many years part of the Austro-Hungarian Empire, and their culture reflects this in their dances. Acknowledgment is made to Mr. Richard Crum of Pittsburgh, who several years ago introduced this type of dance to Folk Dance Groups throughout the country and it has since become a popular number. This arrangement has also been approved by native Slovenians in several parts of the country.

DANSE RUSSE DU VILLE

Part 1, 16 Measures Social Waltz
Waltz 16 measures in social dance position.

Part 2, 16 Measures Varsouvienne Position
1-2 Two waltz steps Fwd, both dancers starting with L ft.
3-4 Without dropping hands and in two waltz steps girl moves CCW around boy, who raises R arm slowly above his head to help her around. At the end of the two waltz steps dancers are in "reverse Varsouvienne position", i.e., girl is in back of the boy, on his right.
5-6 Two waltz steps fwd, both dancers starting with L ft, in the new position.
7-8 Without dropping hands, and in two waltz steps boy leads girl in front of him as follows: lifting L hand above head and forward, and pulling his R hand in front of him, he leads girl around in front of him, and with a rather quick pull by both R and L hands, helps girl to turn under raised L hands and resume the original Varsouvienne position.

9-16 Repeat Measures 1-8.

Part 3, 16 Measures Single-hand Turns and Chase
1-8 Dropping L hands and placing them on own hips, dancers move fwd, girl doing 8 waltz turns under the raised R arms. Boy simply does 8 waltz steps fwd, keeping the girl in front of him.
9-16 Drop R hands, girl continues waltz, turns fwd, both hands on hips, while boy follows her, clapping his hands at the hem of her skirt.

Part 4, 16 Measures
1-2 Two waltz steps in place, beginning with outside feet (boy's L, girl's R). On the first waltz step, dip extended arms downward to knee level; on second waltz step, raise extended arms above head-level, leaning back slightly on the upward movement.

3-4 Couple makes one complete turn CW with two waltz steps.
5-16 Above figure repeated three more times.

Part 5, 16 Measures
Dancers face each other, girls R hand in boys L, her L hand in his R.
1 With one waltz step (boy L R L in place, girl R L R making a R turn), boy leads girl into turn by bringing his R hand up in front of his face and then forward. Girl backs under her L hand, ends up facing forward, her R arm crossed in front of her waist, holding boy's L hand on her L hip, and resting against his L arm. Boy's R and Girl's L hands should end up joined just above head-level, forming a kind of window.

2 Two light stamps in place, holding this "tucked-in" position.

3 With one waltz step, boy "un-tucks" girl, then "re-tucks" her against his R arm, in the same manner as in measure 1, but of course using opposite hands and movements.

4 Two light stamps in place, holding this position.

5-16 Above figure repeated three more times.

Part 6 - Repeat Part 1 again

Part 7 - " " 2 "

Part 8 - " " 3 "

Part 9 - " " 4 " to finish dance.

MDX 900

Side 1, Band 6 RUSSIAN VILLAGE DANCE

An arrangement of typical Russian dance steps to fit the accompanying music. These steps have been checked by several Russian Dance authorities and were found to be entirely satisfactory. This dance was designed for people who have had experience along these lines, BUT with a little effort, this dance can be mastered.

FORMATION - Two lines of dancers, Men in one, Women in the other, facing about 15 feet apart. The various positions and other formations are described. EACH FIGURE TAKES A FULL 16 MEASURES OF MUSIC. There are 10 figures, each with the 16 measures.

FIGURE 1

a. Ladies progress toward partners, hdkf in R hand-R heel, brush back, stop R,L,R. Repeat 3 times, L,R,L, (4 times in all). Dip hdkf low at each heel point.

b. Ladies turn L shoulder to partners, raise R hand overhead (hdkf) and on 3 counts of each measure, dip slightly by bending knees slightly and straighten to original position. Repeat 3 times (4 in all)

c. Ladies progress away from partners on 8 push steps to R; half-turn and continue 8 push steps to L, to original place at beginning of Figure 1; 8 push steps to R in place and reverse on 8 push steps L in place to pose R hand (hdkf) and toe forward (R toe).

FIGURE 2

Men progress toward partners - half pyrsiadski ending R shoulder to partner in pose; repeat L,R,L. (4 times in all) ending facing partners. Return backwards to place hands on hips, R toe, heel; L toe, heel; etc. alternating 8 times in all and pose at end, R hand toward partner and R foot fwd.

FIGURE 3

Ladies progress toward partners - R toe, toe, kick, step, L toe, toe, kick, step; repeat, alternating 6 times in all, dipping R hand (hdkf) at beginning of each step. Return backwards to place on 8 skip steps and pose toward partners as in Figure 1.

FIGURE 4

Men progress toward partners - hands on hips - polka R, polka L, pyrsiadski twice; repeat beginning polka L. Return backwards to place on 8 skip steps and do 3 pyrsiadskies in place and pose toward partners as in Figure 2.

FIGURE 5

Ladies progress toward partners, pass around them R shoulders to position with L shoulder toward partners, all on 8 polkas; repeat Figure 1-b, holding position.

FIGURE 6

Men progress backwards away from partners on 6 skip steps (hands on hips) and do one pyrsiadski on 2 counts; progress forward to place on 6 skip steps and one pyrsiadski; repeat figure but at the second sequence do not pyrsiadski but take ballroom position with partner.

FIGURE 7

Leading into a circle of couples counterclockwise, polka turns 4 measures progressing rapidly; continuing progress men take walking steps forward accenting L ft, while ladies pivot turn under men's R arms, 4 measures. Repeat figure.