Vlacha Naxou from Kinidaros

(Naxos, Greece)

This dance is from the biggest island of the Cyclades, Naxos. This is usually danced on Halloween.

Pronunciation:　　VLAH-xah nah-XOO….Kee-NEE-dah-rohs

Music:　　　　2/4 meter　　　　　　　　　　　　*Timeless Sounds*, Track 12

Formation:　　　Open circle; hands in T-pos (shoulder hold).

Steps & Styling:

Meas	2/4 meter	Pattern

20 meas　　INTRODUCTION. No action. Start dancing when the singer starts to sing.

　　I.　　STA TRIA.

1　　Facing slightly R of ctr and moving CCW, step R to R (ct 1); step L in front of R (ct 2).

2　　Step R to R and face ctr (ct 1); lift L, knee bent, in front of R and lean shoulders slightly to R (ct 2).

3　　Step L next to R (ct 1); lift R, knee bent slightly, to the R side and lean shoulders slightly to L (ct 2).

　　II.　　SKIPPING AND LIVELY.

1　　Step R to R (ct 1); swing L in front of R while bouncing lightly on R (ct &); step L in front of R (ct 2).

2　　Step R place, kicking L fwd with almost straight leg (ct 1); small hop on R while bringing L back, keeping it in the air with ft behind (ct 2).

3　　Step L behind R (ct 1); small hop on L while bringing R up with knee bent near L (ct 2).

　　III　　VARIATION.

1　　Jump sideways to R onto both ft, the wt slightly more on R (ct 1); step L in front of R (ct 2).

2-3　　Repeat Fig II meas 2-3. End with ft together.

Presented by Lilian Vlandi

Vlacha Naxou from Kinidaros — continued

Lyrics.
Chorepsete chorepsete ta niata na charite
giati se touto to dounia then tha ta xanavrite
doste tou chorou na pai touti I gi tha mas efai
touti I gi pou tin patoume oli mesa the na boume

Osi echoun kali kardia ke taktika glendoune
monacha afti ton pseftiko ton kosmo tha charoune
doste tou chorou na pai touti I gi tha mas efai
touti I gi pou tin patoume oli mesa the na boume

Chorepsete chorepsete papoutsia mi lypaste
arki na xekourazonde tis ores pou kimaste
doste tou chorou na pai touti I gi tha mas efai
Panagia mou dostou dostou oti vazi o logismos tou
dostou dostou dostou

Pronunciation Guide		
Ch	=	h as in house
d	=	dth as in the
g	=	y as in yell
ou	=	as in tool
y	=	i as in lift
x	=	ks as in links