

## W' DOLINE Into the Valley

Record: Monitor 326 - Slask Vol. 2.

Formation: Cples in circle; face partner, M back to center. Hds on hips.

Music: 4/4

Intro: Stand for four cts.

Part I. (M and W opposite)

Meas 1 Make 1/2 turn to back to back. M turn CCW (W CW)

Step L (ct 1)

Step R (ct 2)

Step L (ct 3)

Stamp R (ct 4) no weight

2 Repeat meas 1 with opposite footwork and turning in reverse direction to finish facing partner

3-4 Repeat meas. 1-2

Part II Weaving Forward figure

W move forward 4 positions while men stay in place. Then M move forward 4 pos'ns to partner.

Women (Hds on hips)

1 Cross in front of partner and walk inside of circle to next man  
Step R (ct 1) Step L (ct 2) Step R (ct 3)  
Touch L, facing new partner (ct 4)

2 Cross in front of new partner and walk outside of circle to face next man.  
Footwork is opposite of meas. 1

3-4 Continue as in 1-2 to third and fourth man

Men

1 As in Part I except step into partners position, L, R, L, touch. Use the first three cts to bring the L arm across the body to a position over the head. On the fourth ct. face new girl.

*continued...*

2 Repeat meas 1 with opposite footwork and arm, returning to original position

3-4 Repeat 1-2

5-8 Now W stay in place, M move forward. Everything is analogous to 1-4 except M go to outside first and W turn to outside and step to inside.

Part III Forward and Back - face partner, M back to center; join inside hds.

Meas 1 Take three steps in LOD M (W opp) L,R,L, touch R to face partner

2 Keep same hand hold and take 3 steps in RLOD

3-4 Repeat 1-2. At end W give R hd to partner

Part IV Clicks - M & W are on same foot

Meas 1 Hop on R ft and click heels (ct 1)

Repeat ct 1 (ct 2)

Leap from R ft to L (ct 3)

Step R across in front of L (ct 4)

Couple is moving in a CCW circle

2-3 Repeat meas 1 twice

4 Repeat meas 1 cts 1,2 & 3

Brush R ft to R and change to L hds.

This is a transition step to stop moving CCW and start same step in CW direction.

5-8 Repeat 1-4 on opposite feet except on meas 4, ct 4 don't brush, but just close L ft.

Part V Diamond Pattern

Meas 1 Release hds, face LOD, hds on hips, walk in LOD 4 steps starting M L (W R)

2 Walk diagonally forward in LOD away from partner. M L, R, L, touch R (W opp)

3 Continue diagonally forward but toward partner M R, L, R, touch

4-5 Repeat 2-3

*Continued...*

## Part VI Wind-up

- Meas 1 Join inside hds. M start L (W R), walk fwd 3 steps (cts 1-3)  
Close on ct 4 and face partner. Music slows down here so that  
4th note is quite long.
- 2 Music retarded! M step sideways with R ft (W L) (ct 1)  
Turn W under arm (ct 2, long)  
Prepare for a down-up, point knees and toes at each other (ct 3, longer)  
Complete down up, straightened legs, throw back head, bring heels  
together (ct 4, fast)
- 3 Music at normal speed - R arms around ptrns. waist. R hips  
adjacent, L hds in air.  
Both hop on R ft and click heels (ct 1)  
Step on L ft (ct 2)  
Step on R ft (ct 3)
- 4-6 Repeat meas 3 three times
- 7-12 Repeat meas 1-6

The dance now repeats. Use the 4 note introduction to close in circle.  
Upon completing Parts I-VI, then

### Finale:

- 1-8 Use same footwork as Part V, but individually. The arms swing  
out to side waist high, palms forward (ct 1) complete swing to side  
shoulder high bring arms down to a crossed position, palms down,  
low in front of body (cts 3-4)

On final chords, M drops to knee, gives R hd to W and both strike a pose.