

WECHSEL - POLKA
(Switzerland)

Pronunciation:

Music: Record: Pick 10-029 Am Bergbach. 4/4 meter.

Formation: Cpls side by side in circle, all facing LOD.
M has R hand on W R shldr, W holds skirt with both hands.

Steps: Bourrée L: (two meas) Step-hop L diag across in front of R (cts 1,2); Step-hop R in place (cts 3,4); side-together-side-hop to L (cts 1,2, 3,4).

Meas

Pattern

FIGURE I. (Promenade)

Both begin L ft.
1-2 One step-together-step-hop diag fwd L.
One step-together-step-hop diag fwd R.
3-4 M drop R hand from W shldr, and with two step-together-step-hops turn once CCW. W continue fwd as meas 1-2 to a new ptr.
5-16 Repeat action of meas 1-4 three times (four in all).

FIGURE II. (Looking at ptr)

Varsouvienne pos, both beg. L ft.
17 One step-together-step-hop sdwd L.
18 One step-together-step-hop sdwd R.
19 W: Look at M over L and R shldr.
20 Drop L hand, R hands joined. W make 1/2 turn CCW with four steps, face ptr.
21 Hands on hips, both start L ft, one step-together-step-hop fwd. M move CCW, W CW.
22 One step-together-step-hop diag fwd R to new ptr, join R hands at chest level.
23-24 One turn CW in place with four step-hops.
Assume Varsouvienne pos.
17-24 Repeat action of meas 17-24 (Fig. II).
(repeated)
1-8 Repeat action of meas 1-8 (Fig. I).
(repeated)

FIGURE III. (Bourrée)

Ptrs side by side, W L arm stretched to L, R hand on hip. M hold W L hand with his L, R hand holds her R.
25-26 Both start L ft, one Bourree-step L.
27-28 One Bourree-step R.
29-30 Cpl turns once CCW in place with four step-hops. Drop R hands, L hands remain joined.
31-32 M do four step-hops in place. W make 1-1/2 turn CCW with four step-hops under joined L hands, to finish facing ptr.

WECHSEL - POLKA (continued)

- 33-34 Hands on hips, both do one Bourrée-step L, making
1/2 turn CCW.
- 35-36 Both do one Bourrée-step R, making 1/2 turn CW, end
facing ptr.
- 37 One step-together-step-hop diag fwd L.
- 38 One step-together-step-hop diag fwd R to new ptr.
Join hands as for beginning of Fig. III.
- 39-40 Cpl turns once in place with four step-hops.
- 25-40 Repeat action of meas 25-40 (Fig. III).
(repeated)
- 1-8 Repeat action of meas 1-8 (Fig. I).
- 25-40 Repeat action of meas 25-40 (Fig. III with repeat).
(repeated)

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Dance learned from A. Aenis.