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## WRTH FYND EFO DEIO I DYWN (With Deio to Towyn)

(Welsh)

Little has been generally known about Welsh traditional dances as no conscious effort had been made in Wales until about thirty-five to forty years ago to search out these old forms and preserve them. Steps, remnants of patterns and a few dances have to date been revived and accepted as definitely Welsh. The dance is made up of authentic Welsh dance steps and hand positions with the patterns being reconstructed by Welsh leaders. This dance was introduced here by Miss Lucile Czarnowski.

RECORD: HMV B 9893

FORMATION: Four couples in a square set. Each couple stands in a corner of the square facing CCW, hands joined in promenade position\* (elbows in).

STEPS: *Running Step*—a gliding, smooth, quick run done on the ball of the foot, not rangy nor jumpy. One step to each beat of music.

*Llanover Step*—"run, run, run, hop"—steps have an even count as in Schottische rhythm. Steps are all taken on the ball of the foot with each about eight inches in front of the other foot. Feet are lifted only a few inches from the floor, even on the hop.

STYLE: Welsh folk dances were performed in kitchens where space was limited, so movements are small, gliding, quick and distinct, elbows in and free hands down at the side.

MUSIC 2/4	STEP PATTERN
Meas.	Figure I— <i>Running and Turning</i>
1-4	Starting R ft, run 8 steps CCW to next corner of the square; turn in place to the R with 8 running steps, finish facing the next corner of square.
5-8	Repeat the runs to the next corner and turn L in place, finish facing partner diagonally to corner (M L side, W R side toward center of square). Hands are at sides.
	Figure II— <i>Step, Hops and Cross Over</i>
9-12	Both step, hop on R, L, R, L, extending foot not more than 8 inches from floor. On 4 running steps cross over to partner's place passing R shoulders. Facing partner, clap and stamp in place R, L, R (one clap and stamp to each beat), hold last count.
13-16	Starting L ft, repeat this action of Fig. II, meas 9-12, returning to own place, again passing R shoulders and finishing facing center for stamps and claps.
	Figure III— <i>Go to Opposite Corners</i>
17-20	M take one Llanover step to center, starting R ft; step L (ct 1 and), close R to L with stamp and clap (ct 2 and). M join hands in circle and run 8 steps to L, finishing in opposite corner of square (the one from which they originally started). W in the meantime take step R, close L with stamp and clap (cts 1 and 2 and) repeat L, R, L.
21-24	W repeat action of M in Fig. III, Meas. 17-20, rejoining their partners while M stamp and clap.
	Figure IV— <i>Circle and Weave</i>
25-28	All join hands in circle and run 8 steps to L and 8 to R.
29-32	Face own partner and all follow path of grand R and L without joining hands. That is, weaving for 16 running steps and meeting own partner in opposite corner of the square.
	Repeat entire dance, which brings partners back to original starting corner in the square.

