

YEDID NEFESH
Israeli Circle Dance

Translation: Soul Friend
Dance: Yonatan Gaba'i
Record: Dances in the Garden of Eden YE-1001
Basic steps: Waltz
Formation: Circle with simple hold
Meter: 3/4

<u>meas</u>	<u>cts</u>	<u>Description</u>
<u>Part A</u>		
1	1-3	1 waltz step R in LOD (CCW)
2	4-6	1 waltz step L while turning half way around CCW
3	7-9	1 waltz step R, backing up in LOD
4	10-12	1 waltz step L while turning half way around CW
5-8	13-24	Repeat meas 1-4, Part A

<u>CHORUS</u>		
1	1-3	1 waltz step R toward ctr
2	4-6	1 waltz step L back to place
3	7-9	1 waltz step R while turning CW half way around
4	10-12	1 waltz step L back (while facing out)
5-8	13-24	Repeat meas 1-4, Part B
Note: At end of meas 8 end up in original place.		
9-16	25-48	Repeat meas 1-8, Chorus

<u>Part B</u>		
1-2	1-6	2 waltz steps: R, L in LOD
3	7-9	3-step turn: R, L, R (CW)
4	10-12	1 waltz step L in place
5-8	13-24	Repeat meas 1-4, Part B

<u>CHORUS</u>		
1-8	1-24	Repeat meas 1-16, Chorus

continued...

YEDID NEFESH (continued)

<u>Meas</u>	<u>cts</u>	<u>Description</u>
<u>Part C</u>		
1	1	Step R to R
	2	Cross L behind R
	3	Step R in place
2	4	Step L to L
	5	Cross R behind L
	6	Step L in place
3	7	Step R toward ctr
	8	Close L to R while rising on balls of feet
	9	Hold
4	10-12	1 waltz step L back
5-8	13-24	Repeat meas 1-4, Part C

CHORUS

1-16 1-48 Repeat meas 1-16, Chorus

Presented by Ya'akov Eden

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Chorus, Meas. 1 . Cts. 1-3: add to end-arms raising forward slightly
Meas. 3 . Cts. 7-9: add to end-raising arms before releasing them
Part C; Meas. 3 Cts. 7; add to end-arms reaching upward (forward)
Add to end of dance: NOTE: other recordings may have interludes.
If so, you will have to adjust the number of times each step is done.