

Za Pojas

Bulgaria

TRANSLATION: Belt dance

PRONUNCIATION: zah POH-yahs

CASSETTE: Special Statewide '99 tape

MATER: 6/8 counted: $\frac{1-2-3}{1}$ $\frac{4-5-6}{\& 2}$

FORMATION: Mixed lines joined in belt hold (L over R)

METER: 6/8

PATTERN

Meas.

INTRODUCTION:

DANCE:

- 1 Facing R of ctr and moving in LOD - step R fwd (ct 1); short steps fwd, L,R (ct &-2).
- 2 Repeat meas 1 with opp ftwk in LOD.
- 3 Step-hop R fwd in LOD (cts 1-2).
- 4 Step-hop L fwd in LOD (cts 1-2).
- 5 Step-hop R fwd in LOD - turn to face ctr on hop (cts 1-2).
- 6-7 Do a 4 step grapevine to L, beg side-across - lift free knee high.
- 8-10 Facing ctr - beg L behind R, do 3 reel steps bkwd, alternating ftwk.
Reel step: Step L slightly behind R (ct 1); hop on L as R begins to circle bkwd (ct 2). Repeat twice more alternating ftwk.

Repeat dance from beg.