

# ZAHARULA

(Vlachs, Verria)

A popular dance originating from the Vlachs of Verria and Narussa in Macedonia. The song Zaharula itself is more widespread, found from Thessaly through west Macedonia.

FORMATION: Open circle with W hold.

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METER: 2/4

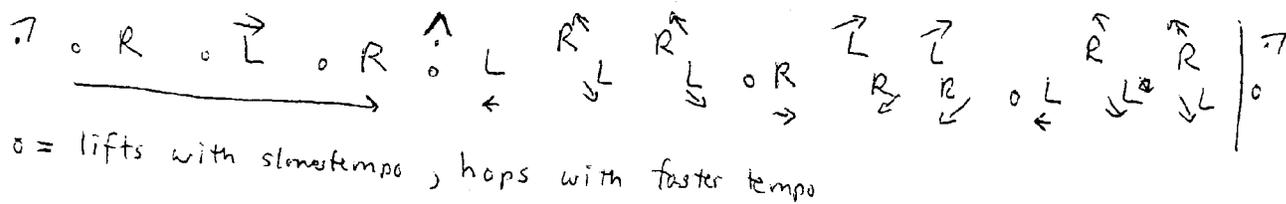
PATTERN

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Meas

- 1 Facing diag R and moving LOD, lift R (ct 1); step on R (ct 2).
- 2 Lift L (ct 1); step on L across R (ct 2).
- 3 Repeat meas 1.
- 4 Lift L (ct 1); turning to face ctr, step on L to L (ct 2).
- 5 Step on R diag fwd L (ct 1); step on L diag bkwd R (ct 2).
- 6 Repeat meas 5.
- 7 Lift R (ct 1); step on R to R (ct 2).
- 8 Step on L diag fwd R (ct 1); step on R diag bkwd L (ct 2).
- 9 Repeat meas 8.
- 10 Lift L (ct 1); step on L to L (ct 2).
- 11,12 Repeat meas 5 and 6.

When music speeds up the lifts in meas 1, 2, 3, 4, 7, 10 become hops.



To understand these notations, use Joe's Secret Decoder Page. □