ZEMER BAGILBO'A Israeli Circle Couple Dance

Translation:

A Melody in Mount Gilbo'a Rivka Sturman

Dance: Record:

Circle W in front of M, R H on L shoulder in Formation:

front, L H down by side

Heel, Walk, Leap, Step-hop, Sway Basic Steps:

4/4 Meter:

Measure	Counts	Description
50 -		Part A- Slow music- Circle
1	1-2 3-4	Touch R heel fwd and hold Repeat Meas. 1, cts, 1-2, Part A
2		3 steps fwd, R,L,R and hold
3-4	# _= T100	Repeat Meas. 1-2, Part A, reverse footwork
5	1-2	Touch R heel fwd, and Hold
2	3-4	Touch ball of R across L and hold
6	1	Cross R over L Step L to L
	3-4	Cross R over L and hold
7-8	974	Repeat Meas. 5-6, Part A, reverse footwork
7-0		and direction
9-16		Repeat Meas. 1-8, Part A.
		Interlude-Fast
1		4 bounces in place, join hands in a simple
and the first to		hold
	0.000	ADDITION ADDITION OF THE PROPERTY OF THE PROPE
	100 A	Part B- Fast music- Circle
1	1	Leap R fwd in line of direction
	2	Close L beside R
-70	3-4	Repeat cts. 1-2, Meas.1, Part A 2 step-hops fwd, R,L while arms are raised
2		Repeat Meas. 1, Part B.
3	E00 70	4 sways R,L,R,L
5-8		Repeat Meas. 1-4, Part B.
9		2 step-hops toward the center R,L
10	1-2	Step R to R and hop while arms are raised
	3-4	Step L to L and hop
11		2 step-hops back R,L
12		4 sways in place R,L,R,L
13-16	- 11	Repeat Meas. 9-12, Part B.
1 6	10	Part C-slow music- Couples
1-8		Repeat Meas. 1-8 Part A
1-0		Note: During Meas. 1-2, M steps up beside
		the W. L hands are joined, M's RH on partner's
a th	A A Secretary	waist. W's RH down by her side.
9		continued
	A 10 12.0	

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Measure	Counts	Description
98-800	250 E 10 E	Part C- contid.
•	4.0	Face partner join R hands: touch R heel
9	1-2	
	e as was en S	and hold
200	3-4	Repeat cts. 1-2, Meas. 9, Part C.
10		Turn CW 1/2 turn with 3 steps R,L,R and hold
11-12		Repeat Meas. 9-10, Part C, end in original
	andra na ata Maria	place- M's back to center.
13	1-2	Touch R fwd and hold
12	3-4	Touch ball of R foot across L
144		Cross R over L - drop hands
14		
	2	Step L to L
	3-4	Cross R over L and hold
15-16		Repeat Meas. 13-14, Part C, reverse footwork
.0.00		and direction
	tt: =	
		Interlude
4		4 bounces in place
1	11	4 Dodinous III Page
		Part D-Fast music- Couples
	Theory are in the	Part D-rast Music- couples
	N 34.55	with Tale hands in a simple hold W on R
	-04.	Note: Join hands in a simple hold W on R
1-8		Repeat Meas. 1-8, Part B
	N. 61	Note: Face partner with out holding hands
9		Turn CW % a turn with 2 step-hops R,L
10	1-2	Step R to R and hop while arms are raised
10	3-4	Step L to L
11		Turn CW 1/2 a turn, return to original place,
11	of the second	with 2 step-hops, R,L
24	# H H	4 sways R,L,R,L
12		
13-16	- 4	Repeat Meas, 9-12, Part D
		Note: When starting dance from beginning,
	5 Mg 1	W move in during Meas. 1-2 Part A to close
	ojar, s	w move in during meas. 1-2 rate x to cross
*27	_90	the circle.

Presented by Ya'akov Eden