

ŽENSKO KRSTENO -- Macedonia (Skopje)

(Line dance for women)

Translation: Woman's Crossing (Step).

Meter: 13/16 (♩♩♩ ♩♩ ♩♩ ♩♩) counted 1 (♩), 2 (♩), 3 (♩), 4 (♩), 5 (♩), 6 (♩) or "slow quick quick quick quick quick".

Record: Folkraft LP-25, side A band 1.

Starting Position: "W" position. Left foot free.

* * * * *

Measure

- 1  Lift* on right foot (count 1),
Lift again on right foot (count 2),
Step slightly sideward left on left foot (count 3),
Cross and leap on right foot ~~XXXXXX~~ directly in front of left (count 4),
Step back on left foot in place (count 5), pause (count 6).
- 2 Repeat pattern of measure 1, reversing direction and footwork.
- 3 Repeat pattern of measure 1.
- 4  Turning to face slightly and moving right, lift on left foot (count 1),
Lift again on left foot (count 2),
Step forward on right foot (count 3),
A small quick Running-Two-Step** (counts 4-and-5), pause (count 6).
- 5  A small leap forward on ball of right foot (count 1),
A small leap forward on left foot (counts and-and),
A small leap forward on right foot (count 2), pause (count 3).
A large leap forward on left foot, turning to face center (count 4),
Step back on right foot in place (count 5), pause (count 6).

*Lift: Hop, but not quite because the ball of the foot does not leave the floor.

**Running-Two-Step: Same as Two-Step except a slight leap on count 1, or on all counts.

Two-Step (Left): Step on ~~right~~ ^{left} foot (count 1), Close and step on right foot beside left (count and), step on left foot (count 2), pause (count and)