

ANADOLU' DAN
(Turkey)

SOURCE: There are 5 different dances from 5 different cities in this medley that I named ANADOLU' dan, which means from Anotolia. First dance is Seymen Zeybegi from Ankara (central Anotolia); Second dance is Dokuslu from Gaziantep (southeastern Anotolia); Third dance is Atabari from Artvin (Northeastern Anotolia); Fourth dance is Yavuz Geliyor from Trabzon (Northern Anotolia); Fifth dance is Nurey/Fatmali from Elazig (Eastern Anotolia). First dance, Seymen Zeybegi is in Zeybek style; second and fifth dances, Dokuzlu and Nurey, are in Halay style; third and fourth dances, Atabari and Yavuz geliyor, are in Horon style. All these 5 dances have more steps than you'll be learning, but because of the length of the music, you'll be learning basic steps from each dance.

TRANSLATION: From Anotolia

PRONUNCIATION: áná dálū dán

MUSIC: Sicak '91, AL 006

FORMATION: Circle. Arms free for the first part, then arms on shldrs, then arms up with straight elbows (hands joined), then arms on shldrs again

METER: 9/8 ♪♪ ♪♪ ♪♪ ♪♪ 6/8 ♪♪ ♪♪ 6/4 ♪♪♪♪♪ 4/4 ♪♪♪♪ 7/8 ♪♪ ♪♪♪♪

PATTERN

Meas

Introduction: 2 meas of 9/8

FIGURE 1 (Seymen Zeybeđi)

- 2 Facing ctr, R arm is in front, fingers open facing the belly button, L arm is behind, bent from elbow. Ft are open.
Step on R in place, bring arms up, bent from elbows (ct 1);
Tch L toe in place, snap your fingers (ct 2);
Step on L, bouncy step, in place (ct 3);
Tch R toe in place, snap fingers (ct 4);
Step on R in place (ct 5); tch L toe in place, snap fingers (ct 6);
Step on L in place & drop arms down back to orig pos (ct 7);
Hold pos (cts 8 & 9).

**Rpt these 9 cts two times.

3 FIGURE 2

- Facing ctr, arms up & open wide
Step on R heel to R (ct 1); slide L behind R, with bent knees (ct 2);
Rpt cts 1 & 2 (cts 3,4); step on R to R, arms coming down, R is in the front, L is in the back (ct 5); hop on R in place, lift L up, body leans to R, hold arms in pos (ct 6); step on L in place, straightening up, arms start going up (ct 7);
Kick R fwd, arms up (ct 8); brush R heel in front of L, arms up (ct 9)

**Rpt these 9 cts 3 times

ANADOLU' DAN (cont'd.)FIGURE 3

- 3 The ftwk is exactly the same as in Figure 2, but turning from R shldr
 Step on R to L, crossing L & turning from L shldr, L arm in back
 facing out, R arm in front, parallel to the ground (ct 1);
 Step on L in place, keep turning from L shldr (ct 2);
 Step on R with L crossing, keep turning (ct 3);
 Step on L in place, keep turning (ct 4);
 Step on R in place, completing the turn, swing R arm down (ct 5);
 cts 6,7,8,9 are exactly the same as in Figure 2

**Rpt these 9 cts 3 times

FIGURE 4 (Dokuzlu)

- 6 Facing ctr, arms on shldr,, hop on R in front of L, lift L back
 4/4 (ct 1); hop on L in place, lift R up (ct 2); leap on R to R, lift
 up (ct 3); leap on L crossing R, lift R up (ct 4)

**Rpt these 4 cts 6 times

FIGURE 5

- 2 Facing ctr, squat down on both ft, or bend for those who have knee
 problems (ct 1); hop on R in place, kick L fwd, straightening up (ct 2);
 rpt cts 1,2 (cts 3,4)

**Rpt these 4 cts 2 times

FIGURE 6

- 2 Step on L fwd, bouncy step (ct 1); step on R next to L (ct &);
 Step on L fwd, bouncy step (ct 2); step on R fwd, bouncy step (ct 3);
 Step on L next to R (ct &); step on R fwd, bouncy step (ct 4)

**Rpt these 4 cts 2 times

FIGURE 7

- Stamp L ft in place (ct 1); hold pos (ct 2); rpt cts 1,2 two more
 times (cts 3,4,5,6); step back on L with bouncy step (ct 7);
 Step on R next to L (ct &); step back on L with bouncy step (ct 8);
 Step back on R with bouncy step (ct 9); step on L next to R (ct &);
 Step back on R with bouncy step (ct 10); step back on L with
 bouncy step (ct 11); step on R next to L (ct &); step back on L
 with bouncy step (ct 12); and finally, step on R next to L (ct 13);
 Hold pos (ct 14)

**Do these 14 cts only one time

FIGURE 8 (Atabari)

- 15 Facing ctr, arms up, hands joined in "W" pos, step on R to R (ct 1);
 6/8 Step on L to R, crossing R (ct 2); step on R to R (ct 3);
 Lift L up in front and pump down (ct 4); step L in place (ct 5);
 Lift R up in front and pump down (ct 6)

**Rpt these 6 cts 5 times

ANADOLU' DAN (cont'd.)FIGURE 9

- 15 Leap on R to R (ct 1); leap on L crossing R (ct 2);
Hop on R in place, lifting L up (ct 3); step L in place next to R (ct 4); hop on R in place & lift L up in front (ct 4);
Hop on L in place, lifting R up (ct 5); hop on L in place and pump R down (ct 6)

**Rpt these 6 cts 5 times. After the 5th repetition of Figure 9,
Leap on R to R (ct 1); leap on L crossing R (ct 2); jump on both ft in place (ct 3); hold pos (ct 4)

FIGURE 10 (Yavuz Geliyor)

- 15 Facing ctr, arms down in "V" pos
2/4 Step on R to R (ct 1); tch L next to R (ct 2); step on L to L (ct 3);
Tch R next to L (ct 4); rpt cts 1-4 (cts 5,6,7,8); step on R to R
diag fwd, arms go up & down (ct 9); step on L behind R (ct 10)

FIGURE 11 (Nurey/Fatmali)

- 4 Arms on shldr, facing ctr.
6/4 Step on R to R (ct 1); step on L crossing R (ct 2);
Step on R to R (ct 3); lift L up & bicycle movement (ct 4);
Step on L in place (ct 5); lift R & bicycle movement (ct 6)

**Rpt these 6 cts 4 times

FIGURE 12

- 4 Hop on L to R (ct 1); leap on R to R (ct 4);
6/4 Leap on L crossing R (ct 2); jump on both ft in place (ct 3);
Hop on R in place, lifting L up (ct 4); jump on both ft in
place (ct 5); hop on L in place & lift R up (ct 6)

**Rpt these 6 cts 4 times

FIGURE 13

- 6 Rpt Figure 12, cts 1-4 exactly (cts 1,2,3,4); then hop on R to L,
6/4 tch L heel in front (ct 5); hop on R to L, lift L in pos (ct 6);
Rpt cts 5 & 6 (cts 7,8); hop on R to L, tch L heel in front one
more time (ct 9); hop on L in place, lift R back (ct 10)

**Rpt these 10 cts 3 times

TO FINISH: Do Figure 13, cts 1-2, then put R next to L, say "HEY".

Presented by Ahmet Lüleci ©
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