

## The Netherlands

The word 'opstekker' means pitchfork, used in the hay harvest in the Dutch provinces Overijssel en Gelderland, where this dance originates. The Baon-opstekker was an opening or invitation dance, and was first notated by Anne Sanson-Catz in Borculo in 1928. Nowadays the dance is widespread and popular throughout the Netherlands.

PRONUNCIATION: BAHN-op-stecker

Music : - LP Nevofoon 12162 Side A, Band 1  
 - Cassette Jaap Leegwater JL1988.04 # 1

FORMATION: Mixed circle facing centre, linked arms.

METER: 6/8

PATTERNS

Meas Ct

INTRODUCTION: 4 meas.

FIG. I

- 1-4 8 walking steps in RLOD, starting with L ft.
- 5-8 8 walking steps in LOD, starting with L ft.
- 9-10 4 small steps twd ctr, starting with L ft, bending from waist, then straightening.
- 11-12 4 small steps bkwd in upright pos, starting with L ft.
- 13-16 Repeat meas 9-12.

FIG. II: OVAL SHAPE

- 17-18 4 small steps, starting with L ft. At this point the circle shape is transformed to an oval over the length of the room. The dancers in the middel travel fwd to meet ea other, while the dancers on both sides move bkwd to pull the cir out.
- 19-20 Starting with L ft, take 4 small steps, opening up to a cir formation.
- 21-22 Same as meas 17-18, except oval is made to the width of the room.
- 23-24 Repeat meas 19-20 back to orig cir. Release linked arms and hold hands in V-pos.

FIG. III

- 25 1-3 Hop on R ft while L heel touches floor out to L of R ft.
- 4-6 Leap onto L ft, R ft is up next to L calf.
- 26 Repeat meas 25 with reverse ftwk.
- 27-28 Repeat meas 25-26.
- 29-32 Starting with L ft 8 gallop steps sdwd in RLOD.

Repeat dance from fig I.

As dance starts again, the cir will become smaller as soon as the dancers assume linked arms pos.