07/08/2006 05:04 PM

Baira Honoru - Greece

Dance introduced by:

Joe Graziosi

Formation:

Line

Starting arm position:

W-Position

Meter:

2/4

Stane word

Invest Classery Links

Steps used	In	sert Glossary Links
Measure	Count	Step
1	1-2	Facing center, step on R foot to R, swinging arms down and backwards (1), step on L foot across R foot, swinging arms forward (2).
2		Repeat measure 1.
3	1	Step on R foot to R, swinging arms backwards (1).
	2	Step on L foot in back of R foot and lift arms to W-Position (2), Step on R foot in place, fifting left foreleg behind R leg (&)
4		Repeat measure 3 with opposite footwork. Arms stay in W-position
5-6		Repeat footwork for counts 3-4. Arms stay in W-Position.
Repeat measures 1-6 until you hear violin playing a long sustained note. Finish through measure 6 then go to next dance, which is a Sta Tria (notated below). This dance is also in 2/4.		
1	1-2	Step on R foot to R, swinging arms down and back (1), close L foot to R foot, swinging arms forward (2).
2	3-4	Step on R foot to R, swinging arms back (1), touch L foot next to R foot, swinging arms forward (2).
3	5-6	Repeat measure 2 with opposite footwork and in opposite direction.
Variation (called by leader)		
	1-2	Step on R foot to R (1), close L foot to R foot (&), step on R foot to R (2), Close L foot to R foot (&). The arms swing back during count 1 and swing forward during count 2.
	3-6	Repeat measures 2 and 3 of basic step. The arm movement is the same as it is for the basic step.

cont...

- Main Menu
 Folk Dance Index by Country
 Folk Dance Index B

Bob Shapiro (785) 266-7155 rshapiro11@sbcglobal.net URL:http://www.recfd.com Copyright © 1996, Robert B. Shapiro Revised December 16, 2003