

Baiduskinio (Raiko)

Edessa, central Macedonia, Greece

I learned this from Yiannis Kostantinou at the Seminar in San Francisco and at the International Seminar in Agia Germanos, Greek Macedonia.

This music appears to be 6:8, available on Bob and Jerry Kolo Festival CD. I am told that it is also played in 7:8.

Dance steps are done on cts. 1 and 4, counted below as 1, 2. Hands are held down while moving to the R, up to W while facing center, and down again while moving L.

Meas. (For the dance, 2 cts. each. Ct.1 is on S, ct. 2 is the first Q.)

I-III Facing and traveling to R lift R(ct.1), step R(ct.2), lift L(ct.1), step L(ct.2), lift R(ct.1), step R(ct.2)

IV-VI Step on L fwd.(ct.1), step R to L(ct.2), 3x

VII Facing center, hands to W, lift L(ct.1), step L in place(ct.2)

VIII Lift R(ct.1), step R in place(ct.2),

IX Lift L(ct.1), step L in place(ct.2)

X-XI Facing L, Hands down, bounce on R fwd. (ct.1), step on R (ct.2), step on L beside R (ct. 3), 2x

Lower hands and begin dance again by turning to R and lifting R

Presented by Jerry Duke
