

1960 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Madelynnne Greene

LOS BAILES DE AYER

"Dances of Yesteryear"

Tarlac, Philippines

MUSIC: Capitol L.P. "Tinikling" #T10233

FORMATION: Dance for 8 couples in a square for any number of even pairs.
 After introduction - Couples face center, lady at Man's R side.
 (Head couples are "1 & 2", side "3 & 4")

Music

Pattern

meas

Introduction Music: Couples walk into places designated in circle.

1-11

The W takes R arm of her partner as they enter.

I

A

Head couples 1 & 2 take ballroom position - begin outside ft.

1.

Slide ft. sideward (1-2) raise same ft. to rear of other ft. (3)
 (bend body towards sliding ft. and look at it.)

2.

Begin outside ft. take 3 steps sideward to R.

3.

Repeat 1, but in opposite direction on opposite ft.

4.

Repeat 2, traveling 3 steps to L.

5.

Make $\frac{1}{4}$ turn (M goes fwd. W backward) Repeat (1)

6.

Repeat (2)

7.

Repeat (3)

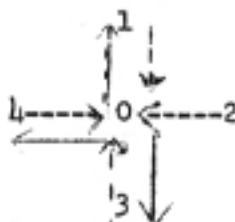
8.

Repeat 4.

1-2-3-4-

5-6-7-8

Repeat above continuing to form a cross on floor.



1-16

Side couples do same as head couples.

Continued...

Los Bailes De Ayer (cont'd)

- II
B IN AND OUT
Partners face each other, join both hands, extending arm out to sides.
- 1-2 Head couples same footwork as in IA, but go in to center of square.
- 3-4 Face opposite direction and repeat to original place.
- 5-6-7-8 Repeat 1.2.3.4.
- 1-2-3-4
5-6-7-8 Side pairs same as head couples.
- III
C MAZURKA
Head pairs in ballroom position facing in.
- 1-2-3 Three Mazurka steps fwd. to center (begin with outside ft.)
4. Make $\frac{1}{2}$ turn on 3 steps (don't place weight on last step)
- 1-2-3-4 Repeat (same footwork) traveling away from center of square.
- 1-8 Repeat to center and away.
- 1-16 Side couples - do same as head couples.
- IV
D CROSS STEPS
All dance at once. Partners face each other a few feet apart.
W hold skirts. M has hands on waist.
1. (1) Step to own R out to R side (2) draw L ft. over in front of R (3) step on L.
- 2-3 Repeat 1.
4. (1) Step R (2) brush L fwd. (3) hop on R.
- 5-6-7-8 Repeat 1.2.3.4. to L.
- 1-8 Repeat above.
- V
E PASO ESPAÑOL
Head couples (facing center)
W hold skirts, M's hands on waist.
1. (1) Balance on R (fwd.) (2) L to R on both toes (3) sink heels to floor.
2. Repeat, reversing footwork - stepping backward.
3. (1) Step R fwd. (2) swing L ft. fwd. (3) hop on R.
4. (1) Step L fwd. (2) swing R ft.fwd. (3) hop on L.
- 5-6-7-8 Repeat 1.2.3.4.
- 9-10-11-12 Repeat 1.2.3.4.

Continued...

Los Bailes De Ayer (cont'd)

13-14-15-16 Starting on R ft. take 7 steps backward to original places, and then, feet together, bow to partner.

Side pairs:

1-16 Repeat same as head couples.

VI SWAY BALANCE STEPS

F All facing center dance at same time, progressing towards center.

1. (1-2) Step R ft. obliquely fwd. R and step L across the R in front
(3) Step R obliquely backward.

2. (1-2-3-) Point L in front. Arms are held R high, L curved in front of body. Hands make a graceful twisting motion on cts. (1-2-3-) as L ft. is pointed.

3-4 Repeat above beginning L and reversing.

5-6-7-8 Repeat 1.2.3.4.

9-10-11-12

13-14-15-16 Repeat 1 to 8.

17-18 Turn right about (face out of circle) and pause. Repeat 1-16 facing out and moving out of center of circle.

17-18 Turn right about to face center again.

VII HEEL AND TOE POLKA

G Head couples:

Partners join inside hands. W hold skirts with R hand; M's L hand on waist.

1-8 Starting with R ft. take 4 heel and toe polka steps fwd. to center. At end of 4th step opposites are standing a foot apart.

9-12 Releasing partners hands, join both hands with opposite person and dance clockwise 4 polka steps (start with R ft.)

13-14-

15-16

Release hands of opposites, face original places and join inside hands with partner. Dance 4 polka steps fwd. to original place. End facing center again.

1-16 Side couples - same as head couples.

VIII PASO DOBLE

H W of side 1 and M of side 2 dance first.

1-4 Starting with R ft. take 4 two-steps (step-close-step) fwd. to meet at the center (W hold skirts, M hands on waist).

5-8 Join R hands and dance 4 polkas clockwise with person opposite you

9-12 Release hand and dance 4 polkas to original places. *Confirmed.*

Los Bailes De Ayer (cont'd)

- 13-16 Partners join both hands and dance 4 polkas clockwise
Women of Side 2 and Men of Side 1, dance.
- 1-16 Repeat as above.
- 1-16 Women of Side 3 and Men of Side 4 dance as above.
- 1-16 Women of Side 4 and Men of Side 3 dance as above.
- IX CHOTIS (Matine Schottische)
I Head couples in ballroom position (extended arms toward center) start with outside ft.
1. Brush ft. out on floor and return to back of supporting ft. repeat, (look and bend towards brushing ft.)
2. Walk 3 steps clockwise making $\frac{1}{2}$ turn (extended arms are now out of circle) and pause.
- 3-4 Repeat starting with other ft. and complete clockwise turn.
- 5-6-7-8 Repeat 1.2.3.4.
- 1-8 Side couples repeat steps same as head couples.
- X GALOP
J All dance at same time. Face partner a foot apart.
1. Three sliding steps to R pause (W travel towards center, M away)
2. Three sliding steps to L pause (return to original place)
- 3-4 (In ballroom position but R sides adjacent) R hop, L hop, R hop, pause (releasing hands and separating.)
- 5-6-7-8 Repeat 1.2.3.4.
- 9-10-11-12 Repeat 1.2.3.4.
- XI ESTRELLA (Star)
K Each side of square makes own stars
- 1-4 W-extend R hand to form a star walking 8 steps, L hand holds skirt
- 5-8 Reverse forming L hand star 8 walking steps (R hands holding skirt)
- 1-8 M make R hand stars on 4 sides of set (free hand on waist) Reverse making L hand star.
- XII SALUDO
L Head couples (W holding M's arm) walk fwd. 8 steps to opposites and bow.
- 1-4 Back up 8 steps bow to partner
- 5-8 Side couples same as head couples.