

BAJRAČE (ŽENSKO) (women's)

Same as Barjače?

Background information: Graceful, with many feminine movements Bajrače is an exceptionally beautiful and very popular women's dance from the area of town of Lerin located in the northern part of Aegean Macedonia. The popularity brought the dance in the other Aegean Macedonian regions and can be find in the Western part under the name of "Poslano".

With its beautiful steps and melody the dance is so attractive that entice one into the dance. There is no woman dancer who has not at least once wanted to join the dance when "Bajrače" was played.










Formation: Open circle. High hand hold.

Music: Accompaniment by Calgii Orchestra, Zurla Tapan, Brass Orchestra






Rhythm: 12/16 5 - Q - Q - 5 - Q

First time presented: by Simo Konstantinou from Lerin (Florina)

12-3 4-5 6-7 8-9-10 11-12
S Q Q S Q

Pattern	measure	count	note value	movement description
I	1	1		Facing diagonally R of the center. Step on the L ft forward.
		2		Slightly twisting the down part of the body while bringing the low lifted and sightly bent the R ft to join the L ft.
		3		Step on the R ft forward.
		4		Step on the L ft forward.
		5		Slightly twisting the down part of the body while bringing the R ft to join the L ft low lifted.
	2	1		Crossing the R ft, turning the face to the center, step R ft forward to the center lifting the ft into ball.
		2		Step L ft backward lifting the ft onto the ball and down back on the ft
		3		Turn face diagonally R of the center, step R ft forward, bringing the L ft to join the L ft low lifted and Sightly bent touching the meddle of the lower leg the R knee.
		4-5		Lifting the R ft onto the ball and down back on the ft.

Pattern II

II	1	1		Facing diagonally R of the center. step L ft forward
		2		Step R ft forward
		3		Step L ft forward
		4		Step R ft forward
		5		Step L ft forward lifting the ft onto ball and down back on the ft.
2	1-4			Repeat entire measure 2 of pattern I

Presented by:
Boris Ilievski - Kete