

DEUX QUATRE

Bal à 2 - à 4

France
Bretagne

References: record unidisc EX 45 274. Thought by Christiane Le Nendre

Music: A is promenade B is for figures.

Step: Slow walking and Pas de Gavotte without Paz Dreo

Formation couples form a big circle facing CW man has his ladie on his R
He takes her left hand with his right hand and brings it on her
right hip. Free hands on hip or skirt

BAL A 2

- half gavotte step forward, half gavotte step backward
- half step to turn together, man goes forward, half step to turn other direction
woman goes forward
- half step forward, half step backward
- one gavotte step to make a complet turn, man goes forward

BAL A 4 first figure

- ladies chain twice with gavotte step
- to be able to do, the ladies chain the first couple makes a half turn at the end
of the promenade to face second couple

BAL A 4 second figure

- Gran right and left, starting Right hand with opposite. Do it twice

SEQUENCE OF THE DANCE:

- Promenade
- Bal a 2
- Promenade
- Bal a 4 first figure
- Promenade
- Bala 4 second figure
- Promenade
- Bal a 2

